






Jun-2026		ASHTON MANOR ACTIVITIES PLANNER					
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5	6
AM		Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle
		Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises
PM		Balloon Tennis	Flower Arrangement	Alphabet association	Hymn Singing with Josh	Arts and Crafts	13:30 Hairdresser
		Bingo	Documentary		Manicures		
	7	8	9	10	11	12	13
AM	Church Service	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle
	Songs of Praise	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises
PM	Sing Along	Container Painting	Flower Arrangement	Sensory Reminiscence	Balloon Tennis	Ball games	crosswords
	Ball games	Gardening	Quiz with Chris	General conversation	Loseley Park	General knowledge	Arts and Crafts
		Documentary				Movie	
	14	15	16	17	18	19	20
AM	Church Service	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle
	Songs of Praise	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises
PM	Ice Cream Trolley	14:30 Afternoon Tea	Flower Arrangement	13:30 Hairdresser	Ball games	Quiz with Chris	Arts and Crafts
	Bingo	Crazy hat day	Knitting/ crocheting		Dusty Tracks		
	Alphabet association			Documentary		Musical	
	21	22	23	24	25	26	27
AM	Church Service	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle
	Songs of Praise	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises
PM	14:30 Afternoon Tea	Bingo	Flower Arrangement	Balloon Tennis	Ball games	Scrapbooking	Arts and Crafts
	Father's Day Event	Riddles	crosswords	Quiz with Chris		karaoke	
		Guess the sound			Documentary		
	28	29	30				
AM	Church Service	Daily Sparkle	Daily Sparkle				
	Songs of Praise	Armchair Exercises	Armchair Exercises				
PM	Hand Massage	Alphabet association	Flower Arrangement				
	Manicures	Knowledge test	Bird world				
	Musical						