

Sep-25 ASHTON MANOR ACTIVITIES PLANNER							
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5	6
AM		Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle
		Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises
PM		Ashton Scrabble	14:30 Flower Arranging	Exotic Fruit Tasting	Hymn Singing with Josh	Quiz w/C	Giant Snakes & Ladders
	7	8	9	10	11	12	13
AM	Church Service / Songs of Praise	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle
		Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises
PM	Afternoon Tea in the Garden	Some Like it Hot	14:30 Flower Arranging	13:30 Hairdressing & Namaste Care	Book Club: Rob's Painting (Book 2)	Bingo w/Prizes	Arts and Crafts
	14	15	16	17	18	19	20
AM	Church Service / Songs of Praise	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle
		Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises
PM	Quiz w/C	14:30 Music w/ Dusty Tracks	14:30 Flower Arranging	14:00 Outing	Play Your Cards Right	13:45 Music with Kevin	Skittles
	21	22	23	24	25	26	27
AM	Church Service / Songs of Praise	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	MACMILLAN COFFEE MORNING	Daily Sparkle
		Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises		Armchair Exercises
PM	Afternoon Tea in the Garden	Quiz w/C	14:30 Flower Arranging	13:30 Hairdressing & Namaste Care	Book Club: Writing Poetry (Part 2)	Daily Sparkle	Arts and Crafts
						Balloon Tennis	
	28	29	30				
AM	Church Service / Songs of Praise	Daily Sparkle	Daily Sparkle				
		Armchair Exercises	Armchair Exercises				
PM	Word Challenge Afternoon	Sing Along	14:30 Flower Arranging				