Nov-2026	ASHTON MANOR ACTIVITIES PLANNER						
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6	7
AM	Church Service	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle
	Songs of Praise	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises
PM	Sing Along	Balloon Tennis	Flower Arrangement	Manicures	14:30 Cheese and Wine	karaoke	Crosswords
	Bowling	Alphabet association	3pm Quiz with Chris	13:30 Hairdresser	Guy Fawkes Night	Arts and Crafts	Music w/Andrea
	8	9	10	11	12	13	14
AM	Church Service	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle
	11am 2 minutes of silence	Armchair Exercises	Armchair Exercises	11am 2 minutes of silence	Armchair Exercises	Armchair Exercises	Armchair Exercises
PM	2:30 Ice Cream Trolley	Ball games	Balloon Tennis	Manicures /Hand Massage	Reggae music therapy	Music therapy	Balloon Tennis
	Rememberance sunday	Bingo	General knowledge	14:30 Afternoon Tea	Arts and Crafts	3pm Quiz with Chris	Giant Snakes & Ladders
	Documentary			Remembrance Day		Movie	Card games
	15	16	17	18	19	20	21
AM	Church Service	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle
	Songs of Praise	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises
PM	Ball games	Crosswords	Flower Arrangement	Manicures	Balloon Tennis	Musical	Ball games
	Ispy	Arts and Crafts	2:30pm Dusty Tracks	13:30 Hairdresser	2:30 Decorating Cupcakes	3pm Quiz with Chris	True and False
	Guess the sound						Word Association
	22	23	24	25	26	27	28
AM	Church Service	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle
	Songs of Praise	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises
PM	Crosswords	Balloon Tennis	Ball games	General knowledge	Ball games	Music therapy	Balloon Tennis
	karaoke	Arts and Crafts	Movie		3pm Quiz with Chris	Sing Along	Alphabet association
	Documentary		Garden Centre	2:30 Cheese & Wine Tasting		Bingo	14:30 Afternoon Tea
	29	30					
AM	Church Service	Daily Sparkle					
	Songs of Praise	Armchair Exercises					
PM	Ball games	Crosswords					
	Manicures	3pm Quiz with Chris					
	Movie						