

	Jun-25 ASHTON MANOR ACTIVITIES PLANNER						
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6	7
AM	Church Service / Songs of Praise	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle
		Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises
PM	Daily Sparkle and Quiz	13:30 Hairdressing & Namaste Care	14:30 Flower Arranging	Word Challenge and Arts & Crafts	Balloon Tennis and Book Club	D-Day Anniversary	French Tennis Open Final
	8	9	10	11	12	13	14
AM	Church Service / Songs of Praise	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle
		Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises
PM	Daily Sparkle and Quiz	Manicures and Hand Massage	14:30 Flower Arranging	Word Challenge and Arts & Crafts	Balloon Tennis and Book Club	Bingo and True & False	Trooping the Colour
		Carers Week					
	15	16	17	18	19	20	21
AM	Church Service / Songs of Praise	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle
		Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises
PM	Father's Day Event	Word Challenge and Arts & Crafts	14:30 Flower Arranging	13:30 Hairdressing & Namaste Care	Balloon Tennis and Book Club	Bingo and True & False	Royal Ascot
	22	23	24	25	26	27	28
AM	Church Service / Songs of Praise	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle
		Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises
PM	Daily Sparkle and Quiz	Word Challenge and Arts & Crafts	14:30 Flower Arranging	14:00 Outing	Balloon Tennis and Book Club	Bingo and True & False	Armed Forces Day
	29	30					
AM	Church Service / Songs of Praise	Daily Sparkle					
		Armchair Exercises					
PM	Daily Sparkle and Quiz	Word Challenge and Arts & Crafts					

