

# ROBERTSON NURSING HOME ACTIVITY PLANNER (SUBJECT TO CHANGE)

July 2020	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
WEEK			1 <sup>st</sup> Hand & nail care	2 <sup>nd</sup> Reminiscing One to one chats	3 <sup>rd</sup> Chiropody	4 <sup>th</sup>	5th
	6 <sup>th</sup> Health & beauty	7 <sup>th</sup> Exercise to music	8 <sup>th</sup> Fun and games day	9 <sup>th</sup> What the papers say	10 <sup>th</sup> Bastille with Stephen Moorish	11 <sup>th</sup>	12th
	13 <sup>th</sup> Poetry reading	14 <sup>th</sup> Health & beauty	15 <sup>th</sup> Sing a song with Alexa	16 <sup>th</sup> Quiz time	17 <sup>th</sup> Reminiscing group chat	18 <sup>th</sup>	19th
	20 <sup>th</sup> Health & beauty	21 <sup>st</sup> Hand massage	22 <sup>nd</sup> Quiz time with prizes	23 <sup>rd</sup> Name that tune	24 <sup>th</sup> Missing objects	25 <sup>th</sup>	26 <sup>th</sup>
	27 <sup>th</sup> What the papers say	28 <sup>th</sup> Health & beauty	29 <sup>th</sup> Team quiz	30 <sup>th</sup> Cocktails in the garden	31 <sup>st</sup> Health & beauty		