

# ROBERTSON NURSING HOME ACTIVITY PLANNER (SUBJECT TO CHANGE)

July 2021	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
WEEK				1 <sup>st</sup>	2 <sup>nd</sup> What the paper say	3 <sup>rd</sup>	4 <sup>th</sup> One to one chats in the rooms
	5 <sup>th</sup> Donna 3pm	6 <sup>th</sup> Hand & Nail care Hairdresser	7 <sup>th</sup> Bingo pm	8 <sup>th</sup> Cooking with Karolina	9 <sup>th</sup> Exercise to music	10 <sup>th</sup> Hymns with Steve	11 <sup>th</sup> Games day
	12 <sup>th</sup> Reminiscing time	13 <sup>th</sup> Foot spa am. Hairdresser	14 <sup>th</sup> Donna 3pm	15 <sup>th</sup> Name that tunes	16 <sup>th</sup> Coffee morning	17 <sup>th</sup> Quiz time	18 <sup>th</sup> Nails and hand massage
	19 <sup>th</sup> Trips in the garden. Donna 3pm	20 <sup>th</sup> Hand & nail care Hairdresser	21 <sup>st</sup> Play your cards right	22 <sup>nd</sup> Hand & nail care	23 <sup>rd</sup> Games afternoon	24 <sup>th</sup> Hymns with Steve	25 <sup>th</sup> Undivided games in the rooms
	26 <sup>th</sup> Group chats	27 <sup>th</sup> Foot spa morning Hairdresser	28 <sup>th</sup> Donna 3pm	29 <sup>th</sup> Film afternoon	30 <sup>th</sup> Coffee morning	31 <sup>st</sup> One to one chats	