

NEWSLETTER

Windsor Court Care Home ~ July 2021



Beritaz Care
Care You Can Trust

Update from Lesley Stickland, Registered Manager



The time has certainly flown by, and it has continued to be a challenging year for us with it just starting to feel like things are slowly beginning to return to normal lately.

Whilst lockdown continued, we had to find new ways of maintaining our resident's health and wellbeing whilst keeping up with our high standards of care and cleanliness. We rose to the challenge and succeeded in keeping residents both healthy and happy with plenty of activities to keep everyone busy.

Families have all stayed in touch with loved ones using our Facebook Portal, they have also been able to participate in online sessions with entertainers until they were allowed back into the home. We have been so lucky to have 'Alexa,' our karaoke machine, the Nintendo Wii and Netflix, these have also provided a great source of entertainment for residents through lockdown

We are pleased to inform you that Windsor Court is still Covid free. Nearly all staff and residents have had both their vaccines and we are continuing to keep Covid out of the Care Home as we follow all government guidelines.

In line with our risk assessments, we are continuing with staff taking lateral flow tests twice weekly along with 1 PCR test a week and residents are tested monthly. We are all very much looking forward to a time when we won't have to test so frequently and to

WINDSOR COURT
CARE HOME

34 Bodorgan Road, Bournemouth BH2 6NJ

Tel: 01202 554637

Email: info@windsorcourtcare.org.uk

Web: www.windsorcourtcare.org.uk

getting back to holidays abroad once this is safe to do.

Visitors are finally allowed in the home; they do have to take a test each time they visit the home also and although it is time consuming at least we know we are doing our best to keep the residents safe. All residents and relatives seem to be enjoying these Covid-secure, visits and it is nice to be able to welcome relatives back inside Windsor Court again!

As always, I would like to thank all of the families of our residents for their continued support, kind comments, well-wishes, donations and gifts that we have continued to receive throughout the pandemic, we really are so grateful, it all means so much to us.

We received this wonderful thank you gift from the family of a resident. They commented on the wonderful Windsor Court Team. 'Thank you from the bottom of our hearts. Such kindness, compassion and respectful care.'



STAFF NEWS

The care team continue to do a fantastic job working hard keeping the home clean and keeping all of our lovely residents happy and healthy. I'm so proud of the team who have shown such dedication and care throughout these difficult times.

From the start of the pandemic last year our staff have been well looked after and have been provided with grocery baskets of essential food items. It has been so important to make sure that staff are looked after as well to make sure they are happy and healthy enough to look after our lovely residents.

We have retained the whole of our incredible team and have had no need for any new staff which is always lovely for residents as it allows them to form strong bonds with the staff and allows for consistent, reliable care with a long-term meaningful care relationship.

We also have some lovely news, since our last newsletter, Aniko, our KP, had a baby boy and Becki had a beautiful baby girl, congratulations Aniko and Becki!

Staff have all kept up with their training and most recently have completed their fire training here at Windsor Court



This is one of our Senior staff, Molly modelling full fire-fighting attire ready to tackle and put out the fire during the training exercise.

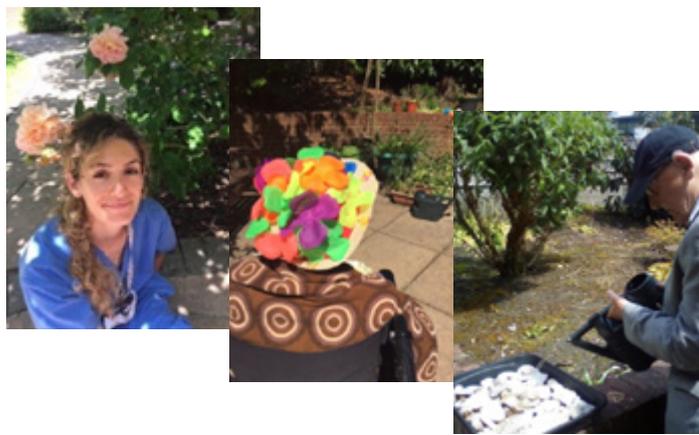
ACTIVITIES

We have continued with a variety of in-house activities during the course of this year, activities have been arranged both indoors and outdoors for residents to keep them all happy, healthy and busy during these difficult months. Summertime is always a busy time at Windsor Court Care Home. As well as growing a variety of vegetables and flowers

in garden club, we also enjoy many activities in the garden, weather permitting of course.

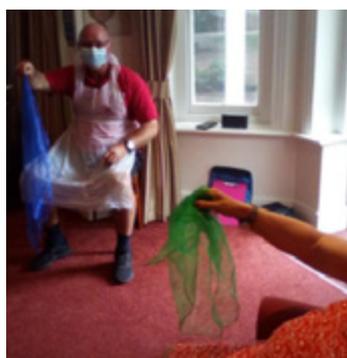


Staff and residents have really been delighted to enjoy some lovely warmer days and both enjoy spending time out in our beautiful garden, amongst our stunning fragrant roses and of course looking after the bird bath!



Residents have also enjoyed poetry club, arts and crafts, Pimm's on the veranda, along with garden games including lawn bowls, parachute balloons and early summer sing-a-longs. We've been having garden quizzes where we can and weather permitting along with arts and crafts combined with a healthy dose of vitamin D!

Residents were over the moon to have our hairdresser back in house as well as Anthony who was quick to get the interests of residents with some light exercise sessions.



We were also very pleased to welcome back into the home some welcome live entertainment from Nick Sellers who got residents singing and dancing. We

have also been lucky enough to have Gemma from Aphrodite come and sing for the residents which got everyone singing, clapping and toe-tapping!



We've put on sensory time activities with aromas, dancing flowers, bright colours, the wonderful world of 'Tigger' and the gentle sound of rain from the rain stick.



We of course recognised all of our lovely dads at Windsor and celebrated a very special Father's Day, it was really special, and everyone had a lovely day. Our resident poet at Windsor Court wrote to Her

Majesty the Queen with a poem when HRH Prince Philip passed away. He has since received a personal letter and a special printed message with a photo.



We kicked Wimbledon off with afternoon tea and strawberries for residents to enjoy. This was followed by a celebration on World Chocolate Day with... you've guessed it... chocolate!



We have also planned a 'Week at the beach' with activities including reminiscence, a sensory quiz, pebble painting and short outings.



We have now started our celebration of the Summer Olympics in Japan.

We plan to have a variety of games such as bowls, target mats, fishing, hoopla and throw the welly boot competitions. Medal ceremonies will be included for the winners.

We will also be researching Japan and expanding our knowledge of it, sharing stories, holding quizzes, there will be food and drink tasting, bonsai growing as well as learning all about the history of the Olympics. This is a must for those interested in sport, athletics exercise, history and Japan!

VISITS AND INFECTION CONTROL

We have taken the following steps to control and manage the infection in our homes:

- Additional IT equipment so staff do not cross-contaminate single equipment
- Technology to enable remote meetings and access to events
- New uniforms and shoes to enable frequent changes - separate shoes are worn at work
- Individual staff lockers to prevent cross-contamination
- Help with transport so employees do not use public transport
- Not using agency staff, block booking where necessary (due to self-isolation)
- Weekly staff testing and 4 weekly resident tests and isolate as appropriate
- Additional cleaning and hygiene facilities such as wash stations
- Dedicated visitor's rooms and safe visit policies, reviewed weekly
- Safe visit practices such as wearing PPE, hand washing, not touching etc.

RESIDENT IN THE SPOTLIGHT

Our wonderful resident and in-house poet, Derek Van Der Syde gave us permission to include in this month's newsletter his beautiful poem he wrote in June.

My Garden Family

I saw a bird in black and white,
He hopped across the Lawn,
And boldly pecked from side to side,
His breakfast in the morn,
My friend, I have you in my sight,
But the Son of Man sees all,
Would you, my feathered friend take fright,
If we received His call?
He gave His life for you and me
And this is my inspiration,
For you, the branches of a tree,
For me a habitation
Did Jesus come by any chance,
To see if you have flourished?
For He has food for everyone,
To keep us all well-nourished,
Ah! Here comes Mister Squirrel now,
When he climbs out of bed,
Before he even reaches ground,
He looks about instead,
And hopes to find his usual fare,
Within our big bin yard,
A bit of cheese or bacon rind,
That a bin bag tries to guard,
But other birds are also heard,
In our back garden too,
A pain of crows and wood pigeons,
That either caw or coo-
A herring gull on snow white wings,
Has dined at our bird table,
He clacks his beak while he eats,
As much as he is able.
The busy world goes round and round, And God will surely pardon,
If we look after little ones,
Who love to share our garden.

Author Derek Van Der Syde June 2021.



Beritaz Care

Care You Can Trust

Beritaz Care Mission Statement

At Beritaz we provide peace of mind, individuality and choice by giving home from home quality care.

Our core values



We care with warmth and understanding in a secure and happy environment.



We build and maintain strong relationships by being open and transparent.



We respect each other and those around us through understanding and supporting individual needs and choices.

Carehome.co.uk

Some of you have already reviewed Windsor Court Care Home on carehome.co.uk either by sending in a pre-paid review card, or by posting a review on the website:

www.carehome.co.uk/carehome.cfm/search/azref/20002022WINZ#submit-review-tab.

We have 20 reviews on the website currently with a score of 9.4, but I would really like this to reflect the fact Windsor Court is simply the best care home in Bournemouth.

We receive wonderful comments from residents, relatives, and from members of staff which really reflects the warm Windsor Court Family atmosphere. One relative recently commented "I pray to God every day with Thanks I have found this house"