














AUGUST 2021

Daily video calls Subject to change							1. Discuss the News
	2. Chair exercise- Garden visit International forgiveness day	3. Quiz- Village walk	4. Flowers arranging- Word search	5. Seniorcise with Donna- Hairdresser	6. Hands care- Happy Hour International Beer day	7. Memory games- Pizza afternoon	8. Chat and coffee International cat day
	9. Skittles challenge- Garden visit	10. Virtual travel- Physio	11. Music with Kevin Jacot- Sudoku	12. Bingo- Hairdresser	13. Garden visit- Film afternoon	14. Board games- Village walk	15. Discuss the news
	16. Happy Birthday Barbara	17. Foot care- Physio	18. Music reminiscence- Ball games	19. Seniorcise with Donna- Hairdresser	20. Small animal visit- Happy Hour	21. Memory games- Pizza afternoon	22. Chat and coffee
	23. Chair exercise- Garden activities	24. Sensory painting- Physio	25. Flowers arranging- Mindful colouring	26. Happy Birthday Joy	27. Hands care- Film afternoon	28. Board games- Village walk	29. Happy Birthday John+Colin
	30. Summer Bank Holiday	31. Ball games- Art and craft	