

# ROBERTSON NURSING HOME ACTIVITY PLANNER (SUBJECT TO CHANGE)

| Jan<br>2022 | MONDAY  | TUESDAY   | WEDNESDAY                                 | THURSDAY  | FRIDAY                                     | SATURDAY                               | SUNDAY           |
|-------------|---|---|---|---|--|--|------------------|
| WEEK        |   |   |   |   |  | 1 <sup>st</sup><br>One to one chat     | 2 <sup>nd</sup>  |
|             | 3 <sup>rd</sup><br>Foot spa morning<br><br>Donna  | 4 <sup>th</sup><br>Hand & nail care<br><br>Hairdresser  | 5 <sup>th</sup><br>Poetry reading         | 6 <sup>th</sup><br>Around the<br>rooms quiz         | 7 <sup>th</sup><br>Film afternoon          | 8 <sup>th</sup><br>Decorations<br>down | 9 <sup>th</sup>  |
|             | 10 <sup>th</sup><br>Knitting Nannies<br><br>Donna   | 11 <sup>th</sup><br>Hairdresser                         | 12 <sup>th</sup><br>Sing along with Steve | 13 <sup>th</sup><br>Exercise to<br>music            | 14 <sup>th</sup><br>Film afternoon         | 15 <sup>th</sup><br>Book reading       | 16 <sup>th</sup> |
|             | 17 <sup>th</sup><br>Foot spa morning<br><br>Donna   | 18 <sup>th</sup><br>Hand & nail care<br><br>Hairdresser | 19 <sup>th</sup><br>Quiz time             | 20 <sup>th</sup><br>Who am I<br>guess the<br>person | 21 <sup>st</sup><br>What the papers<br>say | 22 <sup>nd</sup><br>Card games         | 23 <sup>rd</sup> |
|             | 24 <sup>th</sup><br>One to one chat in<br>rooms<br>Donna<br><br>31 <sup>st</sup><br>Coffee morning<br>Donna | 25 <sup>th</sup><br>Famous faces<br><br>Hairdresser     | 26 <sup>th</sup><br>Name that tunes       | 27 <sup>th</sup><br>Reminiscing<br>life stories     | 28 <sup>th</sup><br>Hand & nail care       | 29 <sup>th</sup>                       | 30 <sup>th</sup> |