

# ROBERTSON NURSING HOME ACTIVITY PLANNER (SUBJECT TO CHANGE)

June 2022	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
WEEK			1 <sup>st</sup> Hand & nail care	2 <sup>nd</sup> Finish off decorations for Queen's party	3 <sup>rd</sup> Queens Jubilee party	4 <sup>th</sup> What the papers say	5 <sup>th</sup>
	6 <sup>th</sup> Chat about the party  Donna seniorcise	7 <sup>th</sup> Gentle exercise  Hairdresser	8 <sup>th</sup> Book reading	9 <sup>th</sup> Group chats and chats around the rooms	10 <sup>th</sup> Good old fashion sing along	11 <sup>th</sup> Film afternoon	12 <sup>th</sup>
	13 <sup>th</sup> Coffee chats morning  Donna seniorcise	14 <sup>th</sup> Name that tunes  Hairdresser	15 <sup>th</sup> Pianist time	16 <sup>th</sup> Quiz time	17 <sup>th</sup> Bingo	18 <sup>th</sup> Games of the day	19 <sup>th</sup>
	20 <sup>th</sup> Reminiscing through music  Donna seniorcise	21 <sup>st</sup> One to one chat  Hairdresser	22 <sup>nd</sup> Hand massage  Book reading	23 <sup>rd</sup> Film afternoon	24 <sup>th</sup> Stephen Morrish	25 <sup>th</sup> Film afternoon	26 <sup>th</sup>
	27 <sup>th</sup> Charades  Donna seniorcise	28 <sup>th</sup> One to one chat around the rooms	29 <sup>th</sup> Cocktail time	30 <sup>th</sup>			