

# NEWSLETTER

Springkell House - February 2022



**Beritaz Care**

*Care You Can Trust*

## Update from Hessie Alayu, Registered Manager



Hello everyone, the last couple of years have been challenging for us at Springkell House and have rocked the lives of everyone in the home, especially the residents. This time hasn't been easy and we faced some difficult days, but we have stayed positive throughout. Despite these challenges we have continued to provide exemplary care to all our residents, the health and welfare of both residents and staff always comes first.

We have been working hard to ensure our activities and staff training could continue to run as safely as possible during this time. Now, as we prepare the home for a new normal, we have been able to resume many activities that had to be put on hold.

Through our Facebook page and website, we were able to keep you up to date on what's been happening in the home during lockdowns and home closures throughout the outbreak. We've also used these platforms to share everything the residents have been up to!

We also made use of technology to enable our residents to enjoy video calls with their loved ones, during those times we were unable to welcome visitors in person.

As covid-19 restrictions relax and wintry weather continues to drop, it is great to see everyone back in the home and able to meet face to face once again. Welcome back!

**Springkell**  
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## HOME NEWS

The end of 2021 was a busy time here at Springkell House Care Home, with restrictions beginning to lift we were glad to start getting back to some form of normal life for our residents.

As always, providing the highest quality of care to our residents is at the forefront of everything we do at the home. Towards the end of the year we were hard at work to ensure all of our residents and staff had received their covid booster vaccinations, after having already received both covid jabs earlier in the year.

As we headed towards the winter season we also wanted to ensure our residents, as well as staff, had access to the winter flu jab. Our goal is to limit the spread of infections as much as possible for the health of everyone in the home.

We are very pleased about the easing of covid restrictions, allowing us to provide easier visiting options for friends and family, as well as welcoming back entertainers and other visitors into the home.



Of course, safety and infection control is still a high priority for us, as well as following government guidelines we are ensuring strict cleaning and PPE procedures are being followed for the safety of our staff and residents. We are also carrying out regular covid testing for all staff and residents, and any visitors entering the home.

All regular visits have resumed from health and care providers including optician, physiotherapist, dentist, chiropodist and hairdresser.

If you would like to arrange a visit with a loved one at Springkell House, please call us in advance to book your visit. We will also ask you to provide proof of a negative LFT test prior to entering the home.

We are paying careful attention to the current situation and any changes to government guidelines, we will continue to keep you updated with any changes to our visiting policies.

Last year we took steps to improve our procedures by introducing a new medication system, this modern medication system is more up to date for improved patient safety and allows us to provide a better level of care. At Springkell House we are always looking for ways in which we can strengthen our care services, providing high quality care is our top priority.

It is always lovely to receive positive feedback from our residents' loved ones. We recently received this lovely thank you card from the daughter of one of our residents, we really appreciate the kind words of thanks for our staff.



Our relatives' meetings this month (held virtually) were a great success. As always they provided a fantastic opportunity for us to update our residents' relatives on what is being planned at the home, any important news and for us to receive feedback.

We are anticipating several inspections coming up in 2022 that had to be delayed due to covid restrictions. We are confident that the home will continue to be rated highly, and that these inspections will reflect the hard work and dedication we put in to providing quality care for our residents.

## STAFF NEWS

We are delighted to have welcomed several new members of staff to the Springkell House team over the past few months. Bansariben Patel, Ram Kumari and Kayleigh Green have joined us as part of our care team. They are all settling in well and have been fantastic additions to the team.



This month we have also had Ion Gravila join us to take on the role of Deputy Manager, I'm sure you will join us in extending a warm welcome to Ion.

We work closely with the other homes within Beritaz Care as well as the head office team, recently representatives from Springkell House joined staff from our sister homes for a strategic management meeting with our head office management team. It was a fantastic opportunity for us all to get together, discuss plans for the future of Beritaz Care and take part in some team building.



Our staff are dedicated to advancing their skills in order to provide the best care possible to our residents, they regularly take part in various training courses to improve their knowledge. This month our staff have taken part in fire safety training, this gave them the opportunity to learn some useful skills and get involved in a very hands-on training session.



At the end of the year we were fortunate to be able to hold a small Christmas party for our staff, to say thank you for their hard work and commitment to the home throughout the past year. Although these celebrations may have been scaled back due to covid restrictions, we still wanted to make sure we could do something for our staff to show our appreciation and everyone enjoyed the chance to celebrate together.



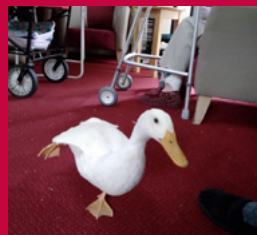
# ACTIVITIES

At Springkell House we offer a variety of fun and engaging activities for our residents to take part in, we try to offer something to suit everyone and encourage the residents to get involved as much as possible.

We have a beautiful garden at Springkell House where we grow some lovely flowers which means the residents can regularly get involved with flower arranging, something which they very much enjoy. We display their lovely arrangements around the home so everyone can enjoy the beautiful flowers when they are inside.



Pets as Therapy is a particular favourite of many of our residents, every month we are treated to a visit from these furry (or feathered) friends and our residents love to have a cuddle. With guinea pigs, rabbits, ducks and chickens these adorable little visitors provide us with so much entertainment with their funny antics, and always bring a big smile to the residents' faces.

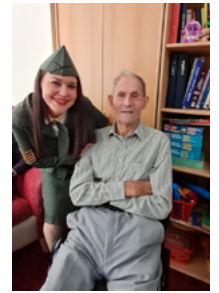


Our wonderful activities coordinator arranges fun things to do and themed celebrations for special occasions throughout the year. In October the residents had a great time baking (with the help of our chef) and decorating pumpkin themed biscuits, which looked and tasted great.

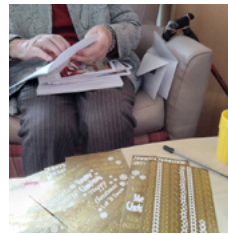


For Bonfire Night the residents enjoyed watching the fireworks with delicious hot dogs and nice hot drinks to keep them warmed up from the cold.

Remembrance Day is an important occasion for everyone at Springkell House and we planned activities to help our residents commemorate the day. Our residents made paper poppies in their arts and crafts session, which we then used to decorate the walls around the home. We also invited Natasha from Get Happy Productions to sing and perform for the residents with songs that were fitting for the day.



Over Christmas our residents enjoyed many festive themed activities, some residents got creative making their own special Christmas cards to give to their friends and families.



As well as an extra special festive visit from our Pets as Therapy friends at The Pony Pals, the residents also enjoyed listening to Christmas music and having a sing-along. They also took part in Christmas reminiscence, sharing fond memories and stories of their favourite Christmas celebrations.



We know the importance of helping our residents to stay active, our seniorcise classes are a fantastic way to provide gentle exercise that everyone can get involved with. The lovely Donna does a great job at getting everyone involved and having fun. We always make sure there's tea and cake ready to boost their energy after all that hard work.



Music can have a very positive impact on the wellbeing of our residents and it has been wonderful

to welcome entertainers into the home once again. We recently had the fantastic Kevin come to the home to play his violin for us, it's lovely to see the joy these performances bring to our residents.



We are delighted to have been able to start taking some trips out with our residents once again. With the use of the Beritaz minibus we are able to arrange trips into the local village, the residents enjoyed looking at the lovely countryside and visiting the local community. Of course we make sure to stop off for a cup of tea and a look in the sweet shop.



## UPCOMING EVENTS

We are in the process of planning our activities and events for 2022, we will be planning themed events and celebrations as well as continuing with some of our popular, regular activities.

As we move into spring we are planning to start up our gardening activities once again, getting the residents involved in choosing plants to grow in our dedicated planting area of the garden. Last year many of the residents got involved and enjoyed tending to the plants and picking the produce, particularly the fresh strawberries.



Many of our residents love taking part in musical activities, we will be inviting more entertainers to come to the home to perform this year with all different types of music, as well as putting on our own musical and sing-along activities.

We are hoping to arrange more trips out for our residents in the minibus which have so far been very successful and enjoyed by all involved. We will be exploring the local area and planning visits to the village, tea rooms and local garden centres.



We will also be continuing with our regular activities that our residents always enjoy, such as themed arts and crafts, pet therapy visits, puzzles and games, reminiscence activities, seniorcise classes and of course our weekly happy hour.

This year we are looking to reinstate our Springkell House lunch club, where we invite members of the local Hindhead community to join us at the home for a delicious lunch prepared by our chefs. After being put on hold due to covid, we are looking forward to welcoming visitors for lunch again soon.

### DATES FOR YOUR DIARY

17th May 2022 – Next relatives' meeting

4th June 2022 – Residents' strawberry party



**Beritaz Care**

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### **Beritaz Care Mission Statement**

At Beritaz we provide peace of mind, individuality and choice by giving home from home quality care. Our core values



#### **Caring**

We care with warmth and understanding in a secure and happy environment.



#### **Trusting**

We build and maintain strong relationships by being open and transparent.



#### **Choices**

We respect each other and those around us through understanding and supporting individual needs and choices.

## Contact Details

Please let us know if your contact details have changed, or if you would like to receive communications (including this newsletter) by email – it's much quicker than the postal system. Just drop us an email at: [info@beritazcare.co.uk](mailto:info@beritazcare.co.uk).