

ROBERTSON NURSING HOME ACTIVITY PLANNER (SUBJECT TO CHANGE)

May 2022	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
WEEK	1 st Hand massage Donna seniorcise	2 nd Gentle exercises Hairdresser	3 rd Sing a long time	4 th Group – getting to know you	5 th Cocktails in the garden	6 th Games day	7 th
	8 th Quiz Donna seniorcise	9 th Readings Hairdresser	10 th Name that tunes	11 th Residents meeting	12 th Games morning	13 th What the papers say	14 th
	15 th Hand massage Donna seniorcise	16 th Gentle exercises Hairdresser	17 th Reminiscing group chats	18 th Blind tasting	19 th Coffee morning True or false	20 th Musical exercises	21 st
	22 nd Quiz Donna seniorcise	23 rd Reading Hairdresser	24 th Sing a long	25 th Guess the item	26 th Music time	27 th Games day	28 th
	29 th Weekend update Donna seniorcise	30 th Gentle exercises Hairdresser	31 st Hand massage				