

NEWSLETTER

Springkell House - August 2022



Beritaz Care

Care You Can Trust

Springkell
HOUSE CARE HOME

Wood Road, Hindhead, GU26 6PT

Tel: 01428 605509

Email: info@beritazcare.co.uk

Web: www.springkellcare.co.uk

Update from Ion Gavrilă, Deputy Manager



Welcome to the August update from Springkell House Care Home. There have been lots of changes happening at the home over the past few months and we have been focused on ensuring everything at Springkell House is running smoothly, with the wellbeing of the residents as our first priority.

For those of you I haven't had the chance to meet yet, I wanted to introduce myself. I have been a member of the Beritaz Care family for nine years, before I came to Springkell I worked at one of our sister homes, Robertson Nursing Home. I was delighted to have the opportunity to join the team here at Springkell as Deputy Manager earlier this year, and after the departure of the previous manager in May I have been overseeing the management of the home with the support of the Beritaz management team.

I wanted to say a big thank you for the warm welcome I received since coming to Springkell House, it has been a great experience to get to know the residents and to meet so many of you during my time here.

I'm also incredibly appreciative of the support I have received from the rest of the team over the past few months, the friendly atmosphere at the home is really what makes this such a lovely place to work.

We have had a busy summer period, with lots of activities and events for our residents, as well as plans for improvements around the home. I hope you enjoy reading about what we've been up to.

STAFF NEWS

We have been busy building our team of dedicated and passionate care professionals at Springkell House.

In February Ion Gavrilă joined the team from our sister home Robertson Nursing Home, as Deputy Manager. Since May Ion has taken responsibility for the everyday running of the home, after our previous manager departed. Ion has been doing a fantastic job and has been well supported by Penny and the rest of the team.

We have recently welcomed Marcela Moglan to our team, she has joined us as a Care Assistant having previously worked at Robertson Nursing Home. She brings with her a lot of experience of the care industry and of working within Beritaz Care.

Aswathy Pillia has also joined us and she has been a wonderful addition to the team, it is lovely to welcome new faces and see the team grow.

Continued over





We have also had to say goodbye to a few staff members in recent months who have moved on to new adventures, we wish them the best of luck in their journeys.

At Springkell House we like to support our team members in their career development and are delighted to have seen several members of staff take on promotions to new roles.

Bansari Patel has taken on the role of Senior Care Assistant, with additional responsibilities such as handling medications. She has also been responsible for several of our recent new admissions. Steny Francis has also been promoted to the role of Senior Case Assistant on the night shift.

Our staff are committed to developing their skills and knowledge and regularly take part in skills training. Ongoing training courses are being run to ensure our staff are kept up to date on their knowledge and best practices, which help us to ensure we are providing a high quality of care for our residents.

We really appreciate the hard work put in by all of our team members here at Springkell House, and we like to thank our staff with some fun social activities whenever we can. It's a fantastic mood booster and great for team building.

We are planning some staff social events in the near future including a staff BBQ planned for September. Having recently welcomed so many new faces to our team we are looking forward to this opportunity to get to know each other better.

Earlier this month we celebrated the 41st birthday of our Head Chef Jogi, it was great fun to enjoy a little celebration for Jogi with the staff and we look forward to celebrating many more birthdays and anniversaries with the team in the future.



HOME NEWS

It has been lovely to return to more of a normal routine at Springkell House, and particularly to welcome visitors back without the need for strict visiting procedures. Friends and family are now welcome to visit at any time, without booking a visit in advance.

Visitors are no longer required to take an LFT before entering the home, however we do ask that you wear a mask at all times when you are in the home. We are very pleased for our residents to be able to spend more time with their loved ones and we look forward to seeing your faces around the home.

The start of our renovation project has been going well, several of our bedrooms have been painted and are looking fresh and clean for residents. We are looking to make further improvements around the home and have plans for refurbishments in the coming months.

The hallways and front entrance area will be painted to brighten up the space and give them a fresh new look. We are also planning to source new beds for all of the bedrooms, we are looking into fully equipped profiling beds, to improve comfort and access for our residents.



Earlier this year we were very pleased to receive a high rating in our food hygiene inspection, being awarded a 5/5, very good rating. We are very proud of our Head Chef Jogi, and the entire kitchen team for maintaining our food hygiene standards to such a high level, they do a fantastic job.



The last Springkell House relatives' meeting took place in June, these sessions are always so valuable for sharing our plans for the home and receiving

feedback from friends and family on improvements we can make. We were also able to make the most of the occasion with a small gathering after the meeting, with residents and relatives enjoying some music and food in the garden. We will be in touch with details of the next relatives' meeting when we have a confirmed date.

We were delighted to celebrate a special event recently with two of our residents. Mr and Mrs Hoy celebrated their 63rd wedding anniversary, here they are having a lovely time on their special day, and here is a photo taken on their wedding day. Congratulations to Mr and Mrs Hoy, it was wonderful to honour their anniversary and see them celebrate together.



The gardens at Springkell House are in full bloom, providing a fantastic environment for our residents to enjoy some fresh air and sunshine during the summer months. Our residents love to spend time outdoors admiring the flowers and listening to the birds.



During the recent heatwaves we have been taking extra precautions to ensure the residents are kept cool, hydrated and comfortable. They have been able to eat dinner in the garden shade if they wish and have been provided with lots of refreshing cold drinks to help them stay hydrated, as well as delicious fresh fruit as an extra source of hydration.



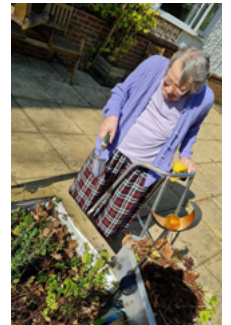
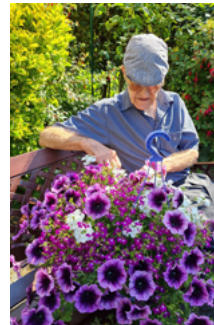
Danka recently carried out a quality survey with the residents, sitting down and talking to them about their experiences and thoughts on everything to do with the home.

It was really great to receive this kind of feedback and the general response was very positive, it's always lovely to hear that our residents are happy at the home.

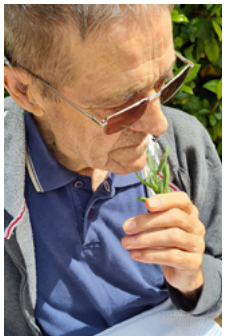
RESIDENT ACTIVITIES

Things have been busy here at Springkell House across the spring and summer months. As well as our usual schedule of activities, residents have also been enjoying spending time in the garden and taking part in the various celebrations held at the home.

With the new season came the perfect opportunity to get outside in the garden, some of our residents have been getting involved with small gardening activities. They have been enjoying spending time outside and tending to the plants, thanks to them the garden is looking beautiful.



This has also given us the opportunity for sensory activities around the garden using home grown herbs and flowers. The range of scents and bright colours help to spark fond memories with our residents, many of whom have a real love for plants and gardening, they enjoyed the activity very much.



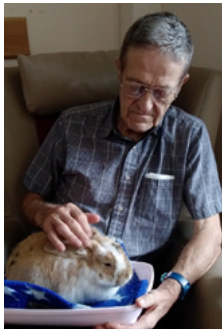
In addition to this we also regularly put on other sensory and memory focussed activities for the residents. These activities help our residents to practice simple tasks to help improve their cognitive function and recall skills, whilst having fun.



Recently some of the residents took part in aqua painting, which is a sensory painting activity using only water to create pictures. It is mess free and helps to increase levels of concentration in a fun and creative format.



We always enjoy a visit from our friends at The Pony Pals, these pets as therapy sessions are a favourite activity with our residents and always bring big smiles to their faces.



In June we put on a special celebration for the residents in honour of the Queen's Platinum Jubilee. We were thrilled to welcome family and friends to join us for our celebration in the garden, where we enjoyed live music, delicious food and some fun games.

The afternoon was filled with laughter and fun, it was lovely to see everyone coming together to celebrate this special occasion.



We have been making use of the Beritaz minibus to arrange fun day trips for the residents, we have visited local attractions such as Frensham Great Pond & Common, and trips to the beach to enjoy the views.



There has also been plenty to do and see in the local village, with residents enjoying trips to the coffee shop for ice creams on sunny days and to have a look around the village charity shops. Some residents have even started to join in with the local knitting club that is held in the village. It is wonderful for our residents to be able to be more involved in the local community.



The residents have also enjoyed visits from one of the pupils from a local school, she has been visiting the home to play piano for the residents after school. Sometimes she will just sit and talk with the residents while holding their hands, which is a lovely experience for the residents to have that kind of gentle, one-on-one interaction.



We have lots more activities and events planned as we head into the winter months and cooler weather. In November we will be putting on activities around bonfire night for the residents, and of course with Christmas on the horizon there will be lots of festive fun planned throughout December.

We will also be hosting our annual Christmas party with friends and family welcome to attend, we will keep you updated with more details on this closer to the time.

STAFF SPOTLIGHT

Bansari Patel joined our team at Springkell House as a Care Assistant towards the end of last year. She has been a fantastic addition to the team and since joining has now progressed to the role of Senior Care Assistant.



Bansari tells us a little bit more about her role at the home and her experience of working at Springkell House.

"I have been working at Springkell House for 10 months now, previously I worked as a door-to-door carer. I like the fact that working in the care industry allows me to meet people from different countries, different cultures and different environments. There are so many things that we can learn from each other about our lives and cultures."

Bansari is part of our care team and plays a crucial role in providing care for our residents on a daily basis. "I support the residents with their personal care, helping residents with food and drink, as well as talking with them and offering them support. I also administer medication."

"My favourite part about my job is the feeling that I am doing something positive and productive."

When asked about her experience working for Beritaz Care and within the team at Springkell House Bansari said, "Beritaz care have a good vision and mission statement, they believe in care, trust and choice. The company provide us with training opportunities which increase our knowledge and professionalism."

"As a team we work well together, everyone works hard and supports each other."



Beritaz Care

Care You Can Trust

Beritaz Care Mission Statement

At Beritaz we provide peace of mind, individuality and choice by giving home from home quality care. Our core values are;

Caring

We care with warmth and understanding in a secure and happy environment.

Trusting

We build and maintain strong relationships by being open and transparent.

Choices

We respect each other and those around us through understanding and supporting individual needs and choices.

Contact Details

Please let us know if your contact details have changed, or if you would like to receive communications (including this newsletter) by email – it's much quicker than the postal system.

Just drop us an email at: info@beritazcare.co.uk

Leave Us a Review

Feedback from our residents and their family and friends is extremely important to us and we really appreciate your support.

If you have time, please visit our page on [CareHome.co.uk](https://www.carehome.co.uk) and leave a review.

Being able to read your comments and experiences with Springkell House Care Home can help other families when trying to choose the right home for their loved ones.

You can submit your review at the link below;
<https://www.carehome.co.uk/review-submit/25659>