



# October 2022

					<p>1. Manicure and hands spa</p> <p>Memory games</p>	<p>2. Discuss the news</p>	
<p>3. Chair exercise</p> <p>Skittles</p>	<p>4. Floor games</p> <p>Happy Hour</p>	<p>5. Music with Kevin</p> <p><b>HB Patricia</b></p> <p>Garden activities</p>	<p>6. Arts and crafts</p> <p>Hairdresser</p>	<p>7. Small animal visit</p> <p>Film afternoon</p>	<p>8. Manicure and hands spa</p> <p>Pizza afternoon</p>	<p>9. Village walks</p>	
<p>10. Chair exercise</p> <p>Bingo</p>	<p>11. Foot care</p> <p><b>HB Ken</b></p> <p>Happy hour</p>	<p>12. Village walks</p> <p>Memory games</p>	<p>13. Quiz</p> <p>Hairdresser</p>	<p>14. Reminiscence with Ava</p> <p>Reading</p>	<p>15. Independent living tasks/Memory games</p>	<p>16. Discuss the news</p>	
<p>17. Chair exercise</p> <p>Skittles</p>	<p>18. Ball games</p> <p>Happy Hour</p>	<p>19. Music with Kevin</p> <p>Garden activities</p>	<p>20. Church of England service</p> <p>Hairdresser</p>	<p>21. Manicure and hands spa</p> <p>Film afternoon</p>	<p>22. Manicure and hands spa</p> <p><b>HB Shirley</b></p> <p>Pizza afternoon</p>	<p>23. Village walks</p>	
<p>24. Chair exercise</p> <p>Bingo</p>	<p>25. Music with Kevin</p> <p>Happy Hour</p>	<p>26. Village walks</p> <p>Physio</p>	<p>27. Sensory painting</p> <p>Hairdresser</p>	<p>28. Manicure and hands spa</p> <p>Memory games</p>	<p>29. Music with Stephen</p> <p><b>HB Geraldine</b></p>	<p>30. Discuss the news</p>	<p>31. Chair exercise</p> <p>Bingo</p> <p><b>Halloween</b></p>