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| September 2022 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
| WEEK  | 5th HAND AND NAIL CARESENIORCISE | 6th PAMPER ROUND THE ROOMSHAIRDRESSER | 7th HOLLY COMMUNIONBOOK READING | 8th MUSICALEXERCISES | 9th FLOWER ARRNGING BINGO | 10th GROUP QUIZ | 11th  |
|  | 12th ROUND THE ROOMS VISITSSENIORCISE @2PM | 13thLIVE MUSIC DAVID ACCORDION HAIRDRESSER | 14thROUND THE ROOMREMINISINGLIVE MUSIC CHRIS SNELLINGPIANO | 15thASSORTMENT OF GAMES | 16thMUSIC THERAPYROUND THE ROOMSENTERTAINMENT | 17thHYMNS | 18th  |
|  | 19th ART AND CRAFT SENIORCISE @ 2PM | 20th COOKING TIMEHAIRDRESSER | 21stONE TO ONE CHATS | 22nd LIFE STORY’SROUND THE ROOMS | 23rd  JIGSAW PUZZLESFILM AFTERNOON | 24th DAILY SPARKLE QUIZ | 25th  |
|  | 26thCHATS ABOUT INTERESTS+ HOBBIESSENIORCISE | 27th SHARING LIFE STORIESHAIRDRESSER | 28th FOOT SPA MORNINGMUSICAL ENTERTAINMENT | 29th CHIROPODIST | 30th LIVE MUSIC STEPHEN MOORISH | 1st   | 2nd  |
|  | 3rd | 4th  | 5th  |  6th  | 7th | 8th  | 9th  |