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| September 2022 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
| WEEK | 5th  HAND AND NAIL CARE  SENIORCISE | 6th  PAMPER ROUND THE ROOMS  HAIRDRESSER | 7th  HOLLY COMMUNION  BOOK READING | 8th  MUSICAL  EXERCISES | 9th  FLOWER ARRNGING  BINGO | 10th  GROUP QUIZ | 11th |
|  | 12th  ROUND THE ROOMS VISITS  SENIORCISE @2PM | 13th  LIVE MUSIC DAVID ACCORDION  HAIRDRESSER | 14th  ROUND THE ROOM  REMINISING  LIVE MUSIC CHRIS SNELLING  PIANO | 15th  ASSORTMENT OF GAMES | 16th  MUSIC THERAPY  ROUND THE ROOMS  ENTERTAINMENT | 17th  HYMNS | 18th |
|  | 19th  ART AND CRAFT  SENIORCISE @ 2PM | 20th  COOKING TIME  HAIRDRESSER | 21st  ONE TO ONE CHATS | 22nd  LIFE STORY’S  ROUND THE ROOMS | 23rd    JIGSAW PUZZLES  FILM AFTERNOON | 24th    DAILY SPARKLE QUIZ | 25th |
|  | 26th  CHATS ABOUT INTERESTS+ HOBBIES  SENIORCISE | 27th  SHARING LIFE STORIES  HAIRDRESSER | 28th    FOOT SPA MORNING  MUSICAL ENTERTAINMENT | 29th    CHIROPODIST | 30th    LIVE MUSIC STEPHEN MOORISH | 1st | 2nd |
|  | 3rd | 4th | 5th | 6th | 7th | 8th | 9th |