

ACTIVITY PLANNER – DECEMBER 2022

			<p style="text-align: center;">1st</p> <p>Daily papers 10-10:30 Garden Centre Trip 10-12 Armchair exercises 10:30-11 Balloon tennis 11-12</p> <p>Christmas Card Making 2-5 1:1 rooms 2-5</p>	<p style="text-align: center;">2nd</p> <p>Daily papers 10-10:30 Armchair exercises 10:30-11 Classic tales of the past 11-12</p> <p>Holy Communion 2-3 Word in Word 3-4 Skittles 4-5</p>	<p style="text-align: center;">3rd</p> <p>Daily papers 10-10:30 Armchair exercises 10:30-11 Object association 11:30-12</p> <p>Word Wheel 2-3 Colouring 3-4 Scrabble 4-5</p>	<p style="text-align: center;">4th</p> <p>Church trip 10-11 Daily papers 11-11:30 Armchair exercises 11:30-12 Songs of praise</p> <p>Card bingo 2-3 Finish the expression 3-4 Hand massage and nails 4-5</p>
<p style="text-align: center;">5th</p> <p>Daily papers 10-10:30 Armchair exercises 10:30-11 Music therapy 11-12</p> <p>Christmas card making 2-4 Balloon Tennis 4-5</p>	<p style="text-align: center;">6th</p> <p>Daily papers 10-10:30 Armchair exercises 10:30-11 General discussion 11:30-12</p> <p>Bingo 2-3 Famous faces 3-4 Word wheel 4-5</p>	<p style="text-align: center;">7th</p> <p>Daily papers 10-10:30 Armchair exercises 10:30-11 Reminiscence 11:30-12</p> <p>Christmas card making 2-4 Skittles 4-5</p>	<p style="text-align: center;">8th</p> <p>Daily papers 10-10:30 Armchair exercises 10:30-11 Question ball 11:15-12</p> <p>Scrabble 2-3 True or False Quiz 3-4 1:1 lounge and rooms</p>	<p style="text-align: center;">9th</p> <p>Daily papers 10-10:30 Armchair exercises 10:30-11 Alphabet association 11-12</p> <p>Decorating the Christmas tree 2-5</p>	<p style="text-align: center;">10th</p> <p>Daily papers 10-10:30 Armchair exercises 10:30-11 Classic tales of the past 11-12</p> <p>Hangman 2-3 Tin knock down 3-4 Guess the sound 4-5</p>	<p style="text-align: center;">11th</p> <p>Church trip 10-11 Daily papers 11-11:30 Armchair exercises 11:30-12</p> <p>Songs of praise Board games 2-3 Arts and crafts 3-5</p>
<p style="text-align: center;">12th</p> <p>Daily papers 10-10:30 Armchair exercises 10:30-11 Colouring 11-12</p> <p>Christmas card making 2-4 Jigsaw puzzles 4-5</p>	<p style="text-align: center;">13th</p> <p>Daily papers 10-10:30 Armchair exercises 10:30-11 1:1 lounge 11:30-12</p> <p>Hand massage and nails 2-3 Crosswords 3-4 Skittles 4-5</p>	<p style="text-align: center;">14th</p> <p>Daily papers 10-10:30 Armchair exercises 10:30-11 General discussion 11-12</p> <p>Hairdresser 2-5 1:1 lounge and rooms 2-5</p>	<p style="text-align: center;">15th</p> <p>Daily papers 10-10:30 Armchair exercises 10:30-11 Music therapy 11-12</p> <p>St Peter's School Carol Singing 2-3 1:1 lounge and rooms 3-4 Finishing lines 3-4</p>	<p style="text-align: center;">16th</p> <p>Daily papers 10-10:30 Armchair exercises 10:30-11 Question Ball 11-12</p> <p>Christmas quiz 2-3 Music therapy 3-4 Jack & the Bean Stalk Pantomime 4-5</p>	<p style="text-align: center;">17th</p> <p>Daily papers 10-10:30 Armchair exercises 10:30-11 1:1 Rooms 11-12</p> <p>Christmas movie 2-4:30</p>	<p style="text-align: center;">18th</p> <p>Church trip 10-11 Armchair exercises 11-11:30 Daily papers 11:30-12 Songs of Praise</p> <p>Kevin the music man 2-3 Alphabet association 3-4 Jenga 4-5</p>
<p style="text-align: center;">19th</p> <p>Daily papers 10-10:30 Armchair exercises 10:30-11 Finish the expression 11-12</p> <p>Residents activities meeting 2-3 Word in word 3-4 Balloon tennis 4-5</p>	<p style="text-align: center;">20th</p> <p>Daily papers 10-10:30 Armchair exercises 10:30-11 1:1 Rooms 11:15-12</p> <p>Carol service at St. Peters Church 2-4</p>	<p style="text-align: center;">21st</p> <p>Daily papers 10-10:30 Armchair exercises 10:30-11 Hand massages 11-12</p> <p>Musical bingo 2-3 Tin knock down 3-4 Finishing Lines 4-5</p>	<p style="text-align: center;">22nd</p> <p>Daily papers 10-10:30 Armchair exercises 10:30-11 Guess who? 11-12</p> <p>Hand massage and nails in lounge and rooms 2-5</p>	<p style="text-align: center;">23rd</p> <p>Daily papers 10-10:30 Armchair exercises 10:30-11 Alphabet Association 11-12</p> <p>Quiz 2-3 Carol singing 3-4 Skittles 4-5</p>	<p style="text-align: center;">24th</p> <p>Daily papers 10-10:30 Armchair exercises 10:30-11 General discussion 11-12</p> <p>Christmas movie 2-4:30</p>	<p style="text-align: center;">25th</p> <p>Church trip 10-11 Daily papers 11-11:30 Armchair exercises 11:30-12</p> <p>Christmas lunch Songs of Praise 1:1 Christmas Presents opening 2-5</p>
<p style="text-align: center;">26th</p> <p>Daily Sparkle: 10-10:30 Armchair exercises 10:30-11 1:1 Rooms 11-12</p> <p>Wordsearch 2-3 Carol singing 3-4 Snakes and ladders 4-5</p>	<p style="text-align: center;">27th</p> <p>Daily Sparkle: 10-10:30 Armchair exercises 10:30-11 1:1 Rooms 11-12</p> <p>Scrabble 2-3 Classic tales of the past 3-3:30 Bingo 3:30-5</p>	<p style="text-align: center;">28th</p> <p>Daily Sparkle: 10-10:30 Armchair exercises 10:30-11 General discussion 11-12</p> <p>Hairdresser 2-5 1:1 rooms and lounge 2-5</p>	<p style="text-align: center;">29th</p> <p>Daily Sparkle: 10-10:30 Armchair exercises 10:30-11 Famous faces 11-12</p> <p>Board games 2-3 Music therapy 3-3:30 Guess the sound 3:30-4 Tin knock down 4-5</p>	<p style="text-align: center;">30th</p> <p>Daily papers 10-10:30 Armchair exercises 10:30-11 Question ball 11-12</p> <p>Hand massage and nails in rooms and lounge 2-5</p>	<p style="text-align: center;">31st</p> <p>Daily papers 10-10:30 Armchair exercises 10:30-11 Question Ball 11-12</p> <p>New Year's Eve lunch Afternoon quiz 2-3:30 Skittles 3:30-5 NYE fireworks 6-6:30</p>	