



ACTIVITY PLANNER – NOVEMBER 2022

<p>Physio with Fiona weekly</p>	<p>1st Daily Sparkle: 10-10:30 Armchair exercises 10:30-11 General discussion 11-12</p> <p>Hangman 2-3 Painting 3-5</p>	<p>2nd Daily papers 10-10:30 Armchair exercises 10:30-11 1:1 lounge 11:30-12</p> <p>Hairdresser 2-5 1:1 lounge and rooms 2-5</p>	<p>3rd Daily papers 10-10:30 Armchair exercises 10:30-11 Balloon tennis 11-12</p> <p>Jenga 2-3 Scrabble 3-4 Quiz 4-5</p>	<p>4th Daily papers 10-10:30 Armchair exercises 10:30-11 Classic tales of the past 11-12</p> <p>Communal area church service 2-3 Board Games 3-5</p>	<p>5th Daily papers 10-10:30 Armchair exercises 10:30-11 Object association 11:30-12</p> <p>Word Wheel 2-3 Colouring 3-4 Scrabble 4-5</p>	<p>6th Church trip 10-11 Daily papers 11-11:30 Armchair exercises 11:30-12</p> <p>Songs of praise Kevin the music Man 2-3 Finish the expression 3-4 Hand massage and nails 4-5</p>
<p>7th Daily papers 10-10:30 Armchair exercises 10:30-11 Tin Knock Down 11-12</p> <p>Card Bingo 2-3 Hangman 3-4 Balloon Tennis 4-5 Fireworks 6-6.30</p>	<p>8th Daily papers 10-10:30 Armchair exercises 10:30-11 General discussion 11:30-12</p> <p>Snakes and Ladders 2-3 Jenga 3-4 General knowledge quiz 4-5</p>	<p>9th Daily papers 10-10:30 Armchair exercises 10:30-11 Reminiscence 11:30-12</p> <p>Skittles 2-3 Famous faces 3-4 Musical bingo 4-5</p>	<p>10th Daily papers 10-10:30 Armchair exercises 10:30-11 Question ball 11 15-12</p> <p>Pottery 2-5 1:1 rooms and lounge 2-5</p>	<p>11th Daily papers 10-10:30 Armchair exercises 10:30-11 Question Ball 11-12</p> <p>Remembrance Day Afternoon Tea 3-5</p>	<p>12th Daily papers 10-10:30 Armchair exercises 10:30-11 Classic tales of the past 11-12</p> <p>Word wheel 2-2:30 Jigsaw puzzles 2:30-4 Balloon tennis 4-5</p>	<p>13th Church trip 10-11 Daily papers 11-11:30 Armchair exercises 11:30-12</p> <p>Songs of praise Board games 2-3 Finish the Expression 3-4 Guess Who? 4-5</p>
<p>14th Daily papers 10-10:30 Armchair exercises 10:30-11 Colouring 11-12</p> <p>Board Games 2-4 Music therapy 4-5</p>	<p>15th Daily papers 10-10:30 Armchair exercises 10:30-11 1:1 lounge 11:30-12</p> <p>Tin Knock Down 2-3 Card bingo 3-4 Scrabble 4-5</p>	<p>16th Daily papers 10-10:30 Armchair exercises 10:30-11 General discussion 11-12</p> <p>Hairdresser 2-5 1:1 lounge and rooms 2-5</p>	<p>17th Daily papers 10-10:30 Armchair exercises 10:30-11</p> <p>Pony Pals 11-12 Bingo 2-3 Snakes and Ladders 3-4 True or false quiz 4-5</p>	<p>18th Daily papers 10-10:30 Armchair exercises 10:30-11 Question Ball 11-12</p> <p>Residents' meeting 2-3 Afternoon quiz 3-4 Skittles 4-5</p>	<p>19th Daily papers 10-10:30 Armchair exercises 10:30-11 1:1 rooms 11-12</p> <p>Alphabet association 2-3 Crosswords 3-4 Hand massage and Nails 4-5</p>	<p>20th Church trip 10-11 Armchair exercises 11-11:30 Daily papers 11:30-12</p> <p>Songs of Praise Movie afternoon 2-4:30</p>
<p>21st Daily papers 10-10:30 Armchair exercises 10:30-11 Finish the expression 11-12</p> <p>Hangman 2-3 Guess the sound 3-3:30 Wordsearch 3:30-5</p>	<p>22nd Daily papers 10-10:30 Armchair exercises 10:30-11 1:1 Rooms 11:15-12</p> <p>Garden Centre Trip 10-12 Balloon tennis 2-3 Arts and crafts 3-4 Reminiscence 4-5</p>	<p>23rd Daily papers 10-10:30 Armchair exercises 10:30-11 Hand massages 11-12</p> <p>Hand massages 2-3 Bingo 3-4 Crosswords 4-5</p>	<p>24th Daily papers 10-10:30 Armchair exercises 10:30-11 Guess who? 11-12</p> <p>Pottery 2-5 1:1 rooms 2-5</p>	<p>25th Daily papers 10-10:30 Armchair exercises 10:30-11 Alphabet Association 11-12</p> <p>Music therapy 2-3 Afternoon tea party 3-5</p>	<p>26th Daily papers 10-10:30 Armchair exercises 10:30-11 General discussion 11-12</p> <p>Word wheel 2-3 Skittles 3-4 Jigsaws 4-5 Music therapy 3-5</p>	<p>27th Church trip 10-11 Daily papers 11-11:30 Armchair exercises 11:30-12</p> <p>Songs of Praise Hangman 2-3 Famous faces 3-3:30 Scrabble 3:30-5</p>
<p>28th Daily Sparkle: 10-10:30 Armchair exercises 10:30-11 Famous faces 11.15-12</p> <p>Quiz 2-3 Tin Knock Down 3-4 Hand massages 4-5</p>	<p>29th Daily Sparkle: 10-10:30 Armchair exercises 10:30-11 1:1 Rooms 11-12</p> <p>Garden centre trip 10-12 Arts and Crafts 2-4 Hangman 4-5</p>	<p>30th Daily Sparkle: 10-10:30 Armchair exercises 10:30-11 General discussion 11-12</p> <p>St Andrew's Day Hairdresser 2-5 1:1 rooms and lounge 2-5</p>		 <p>REMEMBRANCE DAY <i>Let No One Forget</i></p>	