

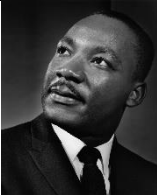



# ACTIVITY PLANNER – JANUARY 2023

<p style="text-align: center;"><b>2<sup>nd</sup></b></p> <p>Daily Sparkle 10-10:30 Armchair exercises 10:30-11 1:1 Lounge and Rooms 11-12</p> <p>Board games 2-3 Guess the sound 3-3:30 Snakes and ladders 3:30-5</p>	<p style="text-align: center;"><b>3<sup>rd</sup></b></p> <p>Daily Sparkle 10-10:30 Armchair exercises 10:30-11 Manicures 11-12</p> <p>Hangman 2-3 Musical bingo 3-4 Famous faces 4-5</p>	<p style="text-align: center;"><b>4<sup>th</sup></b></p> <p>Daily Sparkle 10-10:30 Armchair exercises 10:30-11 Famous faces 11-12</p> <p style="text-align: center;"><b>Afternoon tea party 2-5</b></p>	<p style="text-align: center;"><b>5<sup>th</sup></b></p> <p style="text-align: center;"><b>Garden centre trip 10-12</b></p> <p>Daily Sparkle 10-10:30 Armchair exercises 10:30-11 Question ball 11-12</p> <p>Word wheel 2-3 Balloon tennis 3-3:30 Jigsaw puzzles 3:30-5</p>	<p style="text-align: center;"><b>6<sup>th</sup></b></p> <p>Daily Sparkle 10-10:30 Armchair exercises 10:30-11 True or False Quiz 11-12</p> <p>Finish the expression 2-3 Tin Knock Down 3-4 What am I? 4-5</p>	<p style="text-align: center;"><b>7<sup>th</sup></b></p> <p>Daily Sparkle 10-10:30 Armchair exercises 10:30-11 Manicures 11-12</p> <p>Scrabble 2-3 Singing 3-4 Word Wheel 4-5</p>	<p style="text-align: center;"><b>8<sup>th</sup></b></p> <p>Church service 10-11 Daily Sparkle 10-10:30 Armchair exercises 10:30-11 General discussion 11-12</p> <p>Movie afternoon: 2-4:30</p>
<p style="text-align: center;"><b>9<sup>th</sup></b></p> <p>Daily Sparkle 10-10:30 Armchair exercises 10:30-11 1:1 lounge and rooms 11-12</p> <p>Alphabet association 2-3 Skittles 3-4 General Discussion- Grandchildren 4-4:30</p>	<p style="text-align: center;"><b>10<sup>th</sup></b></p> <p>Daily Sparkle 10-10:30 Armchair exercises 10:30-11 Word search 11-12</p> <p>Quiz 2-3 Jenga and Music 3-4 Jigsaw Puzzles 4-5</p>	<p style="text-align: center;"><b>11<sup>th</sup></b></p> <p>Daily Sparkle 10-10:30 Armchair exercises 10:30-11 Classic tales 11-12</p> <p style="text-align: center;"><b>Hairdresser 2-5</b></p> <p>Music therapy 2-5 1:1 lounge and rooms 2-5</p>	<p style="text-align: center;"><b>12<sup>th</sup></b></p> <p>Daily Sparkle 10-10:30 Armchair exercises 10:30-11 Question ball 11-12</p> <p>What am I? 2-2:30 Music therapy 2:30-5 Painting 2:30-5</p>	<p style="text-align: center;"><b>13<sup>th</sup></b></p> <p>Daily Sparkle 10-10:30 Armchair exercises 10:30-11 Around the world 11-12</p> <p>Word wheel 2-3 Tin Knock down 3-4 Card games 4-5</p>	<p style="text-align: center;"><b>14<sup>th</sup></b></p> <p>Daily Sparkle 10-10:30 Armchair exercises 10:30-11 Hand massage and nails 11-12</p> <p>Scrabble 2-3 Finish the expression 3-3:30 Snakes and ladders 3:30-5</p>	<p style="text-align: center;"><b>15<sup>th</sup></b></p> <p>Church service 10-11 Daily Sparkle 10-10:30 Armchair exercises 10:30-11 Reading 11-12</p> <p>Documentary 2-4 Balloon tennis 4-5</p>
<p style="text-align: center;"><b>16<sup>th</sup></b></p> <p>Daily Sparkle 10-10:30 Armchair exercises 10:30-11 1:1 lounge 11-12</p> <p style="text-align: center;"><b>Word search day 2-3</b></p> <p>Arts and crafts 3-5</p>	<p style="text-align: center;"><b>17<sup>th</sup></b></p> <p>Daily Sparkle 10-10:30 Armchair exercises 10:30-11 1:1 rooms 11-12</p> <p>Word association 2-3 Jigsaw puzzles 3-4 Skittles 4-5</p>	<p style="text-align: center;"><b>18<sup>th</sup></b></p> <p>Daily Sparkle 10-10:30 Armchair exercises 10:30-11 Pick a biography 11-12</p> <p style="text-align: center;"><b>Afternoon tea party 2-5</b></p>	<p style="text-align: center;"><b>19<sup>th</sup></b></p> <p>Daily Sparkle 10-10:30 Armchair exercises 10:30-11 Sensory 11-12</p> <p>Dominoes 2-3 Famous faces 3-4 Scrabble 4-5</p>	<p style="text-align: center;"><b>20<sup>th</sup></b></p> <p>Daily Sparkle 10-10:30 Armchair exercises 10:30-11 Colouring 11-12</p> <p>What am I? 2-3 Have you Ever 3-4 Dominoes 4-5</p>	<p style="text-align: center;"><b>21<sup>st</sup></b></p> <p>Daily Sparkle 10-10:30 Armchair exercises 10:30-11 General discussion 11-12</p> <p>Finish the expression 2-3 Balloon tennis 3-4 Music therapy 4-5</p>	<p style="text-align: center;"><b>22<sup>nd</sup></b></p> <p>Church service 10-11 Daily Sparkle 10-10:30 Armchair exercises 10:30-11 Hand massages 11-12</p> <p>Movie afternoon 2-4:30</p>
<p style="text-align: center;"><b>23<sup>rd</sup></b></p> <p>Daily Sparkle 10-10:30 Armchair exercises: 10:30-11 Jigsaws: 11-12</p> <p>Hangman 2-3 Sensory Activities 3-4 Balloon tennis 4-5</p>	<p style="text-align: center;"><b>24<sup>th</sup></b></p> <p>Daily Sparkle 10-10:30 Armchair exercises 10:30-11 1:1 rooms 11-12</p> <p>Finish the expression 2-3 Card bingo 3-4 Word search 4-5</p>	<p style="text-align: center;"><b>25<sup>th</sup></b></p> <p>Daily Sparkle 10-10:30 Armchair exercises 10:30-11 Question ball 11-12</p> <p style="text-align: center;"><b>Hairdresser 2-5</b></p> <p>Music therapy 2-5 1:1 lounge and rooms 2-5</p>	<p style="text-align: center;"><b>26<sup>th</sup></b></p> <p style="text-align: center;"><b>Garden centre trip 10-12</b></p> <p>Daily Sparkle 10-10:30 Armchair exercises 10:30-11 1:1 rooms 11-12</p> <p>Alphabet association 2-3 Tin Knock Down 3-4 Card games 4-5</p>	<p style="text-align: center;"><b>27<sup>th</sup></b></p> <p>Daily Sparkle 10-10:30 Armchair exercises 10:30-11 <b>Kevin the music man 11-12</b></p> <p>True or false quiz 2-3 Hangman 3-4 Puzzles and Games 4-5</p>	<p style="text-align: center;"><b>28<sup>th</sup></b></p> <p>Daily Sparkle 10-10:30 Armchair exercises 10:30-11 Guess the song 11-12</p> <p>Anagram Quiz 2-3 Board games 3-4 Music Therapy 4-5</p>	<p style="text-align: center;"><b>29<sup>th</sup></b></p> <p>Daily Sparkle 10-10:30 Armchair exercises 10:30-11 Hand massages 11-12</p> <p>Movie Afternoon: 2-4.30</p>
<p style="text-align: center;"><b>30<sup>th</sup></b></p> <p>Daily Sparkle: 10-10:30 Armchair exercises 10:30-11 General discussion 11-12</p> <p>Word Wheel: 2-3 Puzzle Books: 3-4 Musical Bingo: 4-5</p>	<p style="text-align: center;"><b>31<sup>st</sup></b></p> <p>Daily Sparkle 10-10:30 Armchair exercises 10:30-11 Reading 11-12</p> <p>Quiz 2-3 Painting 3-5</p>					

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