



ACTIVITY PLANNER – FEBRUARY 2023

		<p>1st</p> <p>Dignity in Action Day Daily Sparkle 10-10:30 Armchair exercises 10:30-11 Famous faces 11-12</p> <p>Digni-tea party 2-5</p>	<p>2nd</p> <p>Daily Sparkle 10-10:30 Armchair exercises 10:30-11 Hand massages 11-12</p> <p>Scrabble 2-3 Snakes and ladders 3-4 Balloon tennis 4-5</p>	<p>3rd</p> <p>Daily Sparkle 10-10:30 Armchair exercises 10:30-11 1:1 rooms and lounge 11-12</p> <p>Holly communion 2-3 Skittles 3-4 What am I? 4-5</p>	<p>4th</p> <p>Daily Sparkle 10-10:30 Armchair exercises 10:30-11 Question ball 11-12</p> <p>Hangman 2-3 Jigsaw puzzles 3-4 Tin Knock Down 4-5</p>	<p>5th</p> <p>Church service 10-11 Daily Sparkle 10-10:30 Armchair exercises 10:30-11</p> <p>Karaoke 2pm Movie evening</p>
<p>6th</p> <p>Daily Sparkle 10-10:30 Armchair exercises 10:30-11 1:1 lounge and rooms 11-12</p> <p>True or False quiz 2-3 Jenga 3-3:30 Bingo 3:30-5</p>	<p>7th</p> <p>Charles Dickens Day Daily Sparkle 10-10:30 Armchair exercises 10:30-11 Biography – C.D. 11-12</p> <p>Reading 2-3 Jigsaw Puzzles 3-4 Finish the expression 4-5</p>	<p>8th</p> <p>Daily Sparkle 10-10:30 Armchair exercises 10:30-11 Around the world 11-12</p> <p>Hairdresser 2-5 Music therapy 2-5 1:1 lounge and rooms 2-5</p>	<p>9th</p> <p>Garden Centre Trip 10-12 Daily Sparkle 10-10:30 Armchair exercises 10:30-11 Colouring 11-12</p> <p>What am I? 2-2:30 Musical bingo 2:30-3:30 General Knowledge Quiz 3:30-5</p>	<p>10th</p> <p>Daily Sparkle 10-10:30 Armchair exercises 10:30-11 Manicures 11-12</p> <p>Kevin the music man 1:45-3 Card bingo 3-4 Balloon tennis 4-5</p>	<p>11th</p> <p>International Day of Women in science Daily Sparkle 10-10:30 Armchair exercises 10:30-11 Biography – women in science 11-12</p> <p>Board Games 2-5 Music therapy 2-5 1:1 lounge and rooms 2-5</p>	<p>12th</p> <p>Darwin Day Church service 10-11 Daily Sparkle 10-10:30 Armchair exercises 10:30-11 Biography – Charles Darwin 11-12</p> <p>Balloon volleyball 2pm Documentary evening on Charles Darwin</p>
<p>13th</p> <p>Daily Sparkle 10-10:30 Armchair exercises 10:30-11 1:1 lounge and rooms 11-12</p> <p>Tin Knock Down 2-3 Arts and crafts 3-5 Music therapy 3-5</p>	<p>14th</p> <p>Daily Sparkle 10-10:30 Armchair exercises 10:30-11 Jigsaws 11-12</p> <p>Valentines' day TeaParty 2-5</p>	<p>15th</p> <p>Daily Sparkle 10-10:30 Armchair exercises 10:30-11 Sensory 11-12</p> <p>Word association 2-3 Skittles 3-4 Famous faces 4-5</p>	<p>16th</p> <p>Daily Sparkle 10-10:30 Armchair exercises 10:30-11 Colouring 11-12</p> <p>Card bingo 2-3 What am I? 3-4 Word in Word 4-5</p>	<p>17th</p> <p>Daily Sparkle 10-10:30 Armchair exercises 10:30-11 1:1 lounge and rooms 11-12</p> <p>Hangman 2-3 Snakes and Ladders 3-4 Music Therapy 4-5</p>	<p>18th</p> <p>Daily Sparkle 10-10:30 Armchair exercises 10:30-11 General discussion 11-12</p> <p>Finish the expression 2-3 Balloon tennis 3-4 Around the World 4-5</p>	<p>19th</p> <p>Church service 10-11 Daily Sparkle 10-10:30 Armchair exercises 10:30-11 Hand massages 11-12</p> <p>Pottery 2pm Movie evening</p>
<p>320th</p> <p>Daily Sparkle 10-10:30 Armchair exercises: 10.30-11 Jigsaws: 11-12</p> <p>Word Search 2-3 Reading 3-4 Balloon tennis 4-5</p>	<p>21st</p> <p>Pancake Day Daily Sparkle 10-10:30 Armchair exercises 10:30-11 1:1 lounge and rooms 11-12</p> <p>Hangman 2-3 Tin Knock Down 3-4 Jenga 4-5</p>	<p>22nd</p> <p>Daily Sparkle 10-10:30 Armchair exercises 10:30-11 Finish the Expression 11-12</p> <p>Hairdresser 2-5 Music therapy 2-5 1:1 lounge and rooms 2-5</p>	<p>23rd</p> <p>Garden centre trip 10-12 Daily Sparkle 10-10:30 Armchair exercises 10:30-11 1:1 Colouring 11-12</p> <p>Alphabet association 2-3 Snakes and Ladders 3-4 Anagram Quiz 4-5</p>	<p>24th</p> <p>Daily Sparkle 10-10:30 Armchair exercises 10:30-11 True or false quiz 11-12</p> <p>Friendly Farm 2-4 What am I? 4-5</p>	<p>25th</p> <p>Daily Sparkle 10-10:30 Armchair exercises 10:30-11 Guess the sound 11-12</p> <p>Scrabble 2-3 Word Wheel 3-4 Music Therapy 4-5</p>	<p>26th</p> <p>Daily Sparkle 10-10:30 Salsa exercises 11-12</p> <p>Karaoke 2pm Balloon Tennis 4-5</p>
<p>27th</p> <p>Daily Sparkle: 10-10:30 Armchair exercises 10.30-11 1:1 lounge and rooms 11-12</p> <p>Alphabet association 2-3 Finish the expression 3-4 Skittles 4-5</p>	<p>28th</p> <p>Daily Sparkle 10-10:30 Armchair exercises 10:30-11 Reading 11-12</p> <p>Hangman 2-3 Painting 3-5</p>	