





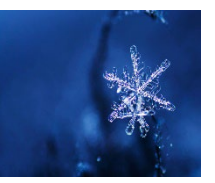




















January 2023

Happy New Year



						1. Discuss the news	
2. Chair exercise  Bingo	3. Floor games  Happy Hour	4. Music with Kevin  Foot care	5. Arts and crafts Hairdresser	6. Small Animal visit  Film afternoon	7. Manicure and hands spa Pizza afternoon	8. Discuss the news	
9. Skittles  Bingo	10. Music with Kevin  Happy hour	11. Board games Reading	12. CH of E service Hairdresser	13. Quiz and variety with Ava Reading	14. Manicure and hands spa 	15. Discuss the news	
16. Chair exercise  Skittles	17. Music reminiscence/ Happy hour	18. Music with Kevin  Physio	19. Memory games/  Hairdresser	20. Manicure and hands spa/ Film afternoon	21. Independent living tasks Pizza afternoon	22. Discuss the news	
23. Chair exercise Bingo	24. Foot care/  Relatives meeting	25. Table games Physio	26. Arts and crafts/ Hairdresser	27. Manicure and hands spa/ Reading	28. Music with Stephen 	29. Discuss the news	
30. Bingo	31. Floor games						