

ACTIVITY PLANNER – JULY 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1st Daily Sparkle 10-10:30 Armchair Exercises 10:30-11 True or False Quiz 11-12 Around the World 2-3 What am I? 3-4 Movie Evening	2nd Daily Sparkle 10-10:30 Armchair Exercises 10:30-11 Thank you Day 11-12 Word Association 2-3 Scented Quiz 3-4 Jigsaw Puzzles 4-5
3rd Daily Sparkle 10-10:30 Armchair Exercises 10:30-11 General discussion 11-12 Karaoke 2-4 Balloon Tennis 4-5 Movie Evening	4th Daily Sparkle 10-10:30 Armchair Exercises 10:30-11 Manicures 11-12 Skittles 2-3 Who am I? 3-4 Scrabble 4-5	5th Daily Sparkle 10-10:30 Armchair Exercises 10:30-11 Finish the Expression 11-12 Musical Bingo 2-3 Word Association 3-4 Balloon Tennis 4-5	6th Daily Sparkle 10-10:30 Armchair Exercises 10:30-11 Music Therapy 11-12 True or False Quiz 2-3 Quiz 3-4 Famous Faces 4-5	7th Daily Sparkle 10-10:30 Armchair Exercises 10:30-11 Colouring 11-12 Holy Communion 2-3 World Chocolate Day 3-4 Alphabet Association 2-4	8th Daily Sparkle 10-10:30 Armchair Exercises 10:30-11 Card Bingo 11-12 Documentaries 2-5 Hand Massage 2-3 Manicures 3-4	9th Daily Sparkle 10-10:30 Armchair Exercises 10:30-11 Village Fete 12:30-5
10th Daily Sparkle 10-10:30 Armchair exercises 10:30-11 Music Therapy 11-12 Board Games 2-3 Painting 3-5	11th Daily Sparkle 10-10:30 Armchair exercises 10:30-11 True or False Quiz 11-12 Karaoke 2-4 Arts and Crafts 4-5	12th Daily Sparkle 10:30-11 Armchair exercises 11-11:30 1:1 lounge and rooms 11:30-12 Hairdresser 2-5 Hand Massages&Manicure 2-5	13th Daily Sparkle 10-10:30 Armchair exercises 10:30-11 Jigsaws 11-12 Scrabble 2-4 Card Bingo 4-5	14th Daily Sparkle 10-10:30 Armchair exercises 10:30-11 I Spy 11-12 Colouring 2-4 Card Games 4-5	15th Daily Sparkle 10-10:30 Armchair exercises 10:30-11 Hand Massages 11-12 Balloon Tennis 3-4 Finish the Expression 4-5	16th Daily Sparkle 10:3-11 Armchair exercises 11-12 National Ice Cream Day 2-4:30 Alphabet Association 2-4:30
17th Daily Sparkle 10-10:30 Armchair exercises 10:30-11 General discussion 11-12 Word Scrambler 2-4 Balloon Tennis 4-5 Movie Evening	18th Daily Sparkle 10-10:30 Armchair exercises 10:30-11 Quiz 11-12 Alphabet Association 2:30-3 Music Bingo 3-4:30	19th Daily Sparkle 10-10:30 Armchair exercises: 10:30-11 Jigsaws: 11-12 Board Games 2-4 Music Therapy 4-5	20th Daily Sparkle 10-11 1:1 lounge and rooms 11:30-12 Sea Side Trip 10:30-16	21st Daily Sparkle 10:30-11 Armchair exercises 11-11:30 I Spy 11:30-12 Kevin – The Music Man 2-3 Arts and Crafts 3-5	22nd Daily Sparkle 10-10:30 Armchair exercises 10:30-11 1:1 Colouring 11-12 Finish the Expression 2-3 Finger Painting 3-5	23rd Daily Sparkle 10-10:30 Armchair exercises 10:30-11 Guess the Sound 11-12 What am I? 3-4 General Knowledge Quiz 3-4 Tin Knock Down 4-5
24th Daily Sparkle 10-10:30 Armchair exercises 10:30-11 Guess the sound 11-12 Nature Documentary 2-3 Around the World 3-4 Famous Faces 4-5	25th Daily Sparkle 10-10:30 Armchair exercises 10:30-11 Hand massages 11-12 Hang Man 2-4 True or False Quiz 4-5	26th Daily Sparkle 10:30-11 Armchair exercises 11-11:30 1:1 lounge and rooms 11:30-12 Hairdresser 2-5 Hand Massages&Manicure 2-5	27th Daily Sparkle 11-11:30 Armchair exercises 11:30-12 Musical Bingo 3:30-5:30 National Wine & Cheese Day (Pub Afternoon) 3:30-5:30	28th Daily Sparkle 10:30-11 Armchair exercises 11-11:30 I Spy 11:30-12 Board Games 2-4 Famous Faces 4-5	29th Daily Sparkle 10-10:30 Armchair exercises 10:30-11 True or False Quiz 11-12 Sensory 2-3 Quiz 3-4 Scrabble 4-5	30th Daily Sparkle 10-10:30 Armchair exercises 10:30-11 Colouring 11-12 Word association 2-3 Tin Knock Down 3-4 Finish The Expression 4-5
31st Daily Sparkle 10-10:30 Armchair exercises 10:30-11 True or False Quiz 11-12 Around the World 2-3 What am I? 3-4 Scrabble 4-5						