

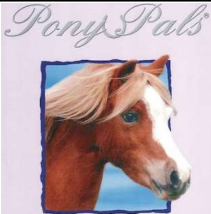


# ACTIVITIES PLANNER - NOVEMBER 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
	 REMEMBRANCE DAY <i>Left We Forget</i>		Daily Sparkle 10:30-11:00 Armchair Exercises 11-12 Word Scrambler 11:30-12  <b>SPA AFTERNOON Hairdresser 2-5</b> <b>Hand Massage&amp;Manicure 2-5</b>	Daily Sparkle 10:30-11:00 Armchair Exercises 11:00-11:30 Guess the Sound 11:30-12  Board Games 2-3 Painting 3-5	Daily Sparkle 10:30-11 Armchair Exercises 11-11:30  <b>Holy Communion 2-3</b> Word Scrambler 3-4 Balloon Tennis 4-4:30	Daily Sparkle 10:30-11:00 Armchair Exercises 11-11:30 Finish the Expression 11:30-12  Musical Bingo 2-3 Word Association 3-4
5	6	7	8	9	10	11
Daily Sparkle 10:30-11:00 Armchair Exercises 11:00-11:30 Music Therapy 11:30-12  True or False Quiz 2-3 Quiz 3-4 <b>BONFIRE NIGHT</b>	Daily Sparkle 10:30-11:00 Armchair Exercises 11-11:30 True or False Quiz 11:30-12  Word Association 2-3 1:1 in the lounge and rooms Jigsaw Puzzles 4-5	Daily Sparkle 10:30-11:00 Armchair Exercises 11:00-11:30 Card Bingo 11-12  Documentaries 2-5	Daily Sparkle 10:30-11 1:1 Lounge and Rooms Armchair Exercises 11:30-12:00  Karaoke 2-4 Hand Massages 2-4:30	Daily Sparkle 10:30-11:00 Armchair Exercises 11:00-11:30 Guess the Sound 11:30-12  Board Games 2-3 Painting 3-5	Daily Sparkle 10:30-11:00 Armchair Exercises 11-11:30 True or False Quiz 11:30-12  Word Association 2-3 Scented Quiz 3-4 Jigsaw Puzzles 4-5	Daily Sparkle 10:30-11:00 Armchair Exercises 11:00-11:30 1:1 lounge and rooms 11:30-12  <b>REMEMBRANCE DAY</b> Movie Evening
12	13	14	15	16	17	18
Daily Sparkle 10:30-11:00 Armchair Exercises 11-11:30 Jigsaws 11-12  <b>Remembrance Sunday</b> Movie Evening	Daily Sparkle 10-10:30 Armchair exercises 10:30-11 I Spy 11-12  Colouring 2-4 Card Games 4-5	Daily Sparkle 10:30-11 1:1 Lounge and Rooms <b>Armchair Exercises 11:30-12</b>  Alphabet Association 2-3 Word Scrambler 3-4 Hand Massages 4-4:30	Daily Sparkle 10:30-11 Guess the Sound 11-11:30 Armchair Exercises 11:30-12:00  <b>SPA AFTERNOON Hairdresser 2-5</b> <b>Hand Massage&amp;Manicure 2-5</b>	Daily Sparkle 10:30-11 Armchair exercises 11-11:30 General discussion 11:30-12  Word Scrambler 2-4 Balloon Tennis 4-5 Movie Evening	Daily Sparkle 10:30-11 Armchair exercises 11-11:30 I Spy 11:30-12  <b>Kevin – The Music Man 2-3</b> Arts and Crafts 3-5	Daily Sparkle 10:30-11 Armchair Exercises 11-11:30 Hang Man 11:30-12  Karaoke 2-4 Balloon Tennis 4-5 Movie Evening
19	20	21	22	23	24	25
Daily Sparkle 10:30-11 Colouring 11-11:30 <b>Armchair Exercises 11:30-12</b>  Word association 2-3 Tin Knock Down 3-4 Finish The Expression 4-5	Daily Sparkle 10:30-11 Armchair exercises 11-11:30 I Spy 11:30-12  Board Games 2-4 Famous Faces 4-5	Daily Sparkle 10:30-11 Armchair exercises 11-11:30 Colouring 11:30-12  Finish the Expression 2-3 Finger Painting 3-5	Daily Sparkle 10:30-11 Armchair exercises 11-11:30 True or False Quiz 11-12  Around the World 2-3 What am I? 3-4 Scrabble 4-5	Daily Sparkle 10:30-11 Armchair exercises 11-11:30 Guess the sound 11:30-12  Famous Faces 2-3 Around the World 3-4 Nature Documentary 4-5	Daily Sparkle 10:30-11:00 Armchair Exercises 11:00-11:30 True or False Quiz 11-12  Karaoke 2-4 Arts and Crafts 4-5	Daily Sparkle 10:30-11:00 Armchair Exercises 11-11:30 True or False Quiz 11:30-12  Word Association 2-3 Scented Quiz 3-4 Jigsaw Puzzles 4-5
26	27	28	29	30		
Staff focus - organise 10-11 Daily Sparkle 11-11:30 Armchair exercises 11:30-12  <b>PONY PALS 14:30</b>	Daily Sparkle 10:30-11 Armchair exercises 11-11:30 Quiz 11:30-12  Alphabet Association 2:30-3 Music Bingo 3-4:30	Daily Sparkle 10-10:30 Armchair exercises 10:30-11 I Spy 11-12  <b>CHRISTMAS LIGHT SWITCH ON</b>	Daily Sparkle 10:30-11:00 Armchair Exercises 11-12 Word Scrambler 11:30-12  <b>SPA AFTERNOON Hairdresser 2-5</b> <b>Hand Massage&amp;Manicure 2-5</b>	Daily Sparkle 10:30-11:00 Armchair Exercises 11:00-11:30 Guess the Sound 11:30-12  Board Games 2-3 Painting 3-5	