ACTIVITIES PLANNER - OCTOBER 2023						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
Daily Sparkle 10:30-11 Armchair exercises 11-11:30 I Spy 11:30-12	Daily Sparkle 10:30-11 Colouring 11-11:30 Armchair Exercises 11:30-12	Daily Sparkle 10:30-11:00 Armchair Exercises 11:00-11:30 Guess the Sound 11:30-12	Daily Sparkle 10:30-11:00 Armchair Exercises 11:30-12 World Animal Day	Daily Sparkle 10:30-11:00 Armchair Exercises 11:00-11:30 Guess the Sound 11:30-12	Daily Sparkle 10:30-11 Armchair Exercises 11-11:30	Daily Sparkle 10:30-11:00 Armchair Exercises 11:00- 11:30 Finish the Expression 11:30-12
Sensory 2-3 Quiz 3-4 Word Scrambler 4-5	Word association 2-3 Tin Knock Down 3-4 Finish The Expression 4-5	Board Games 2-3 Painting 3-5	SPA AFTERNOON Hairdresser 2- 5 Hand Massages&Manicure 2-5	Board Games 2-3 Painting 3-5	Holy Communion 2-3 Word Scrambler 3-4 Balloon Tennis 4-4:30	Musical Bingo 2-3 Word Association 3-4
8	9	10	11	12	13	14
Daily Sparkle 10:30-11:00 Armchair Exercises 11:00-11:30 Music Therapy 11:30-12 True or False Quiz 2-3	Daily Sparkle 10:30-11:00 Armchair Exercises 11-11:30 True or False Quiz 11:30-12 Word Association 2-3	Daily Sparkle 10:30-11:00 Armchair Exercises 11:00-11:30 Card Bingo 11-12	Daily Sparkle 10:30-11 1:1 Lounge and Rooms Armchair Exercises 11:30-12:00	Daily Sparkle 10:30-11:00 Armchair Exercises 11:00-11:30 Guess the Sound 11:30-12	Daily Sparkle 10:30-11 Armchair exercises 11-11:30 I Spy 11:30- 12	Daily Sparkle 10:30-11:00 Armchair Exercises 11:00-11:30 1:1 lounge and rooms 11:30-12 Around the World 2-3
Quiz 3-4 Famous Faces 4-5	1:1 in the lounge and rooms Jigsaw Puzzles 4-5	Documentaries 2-5	Owls and Birds Visit Hand Massages 4-4:30	Board Games 2-3 Painting 3-5	Kevin – The Music Man 2-3 Arts and Crafts 3-5	What am I? 3-4 Movie Evening
15	16	17	18	19	20	21
Daily Sparkle 10:30-11:00 Armchair Exercises 11-11:30 Jigsaws 11-12	Daily Sparkle 10-10:30 Armchair exercises 10:30-11 I Spy 11-12	Daily Sparkle 10:30-11 1:1 Lounge and Rooms Armchair Exercises 11:30-12	Daily Sparkle 10:30-11 Guess the Sound 11-11:30 Armchair Exercises 11:30-12:00	Daily Sparkle 10:30-11 Armchair exercises 11-11:30 General discussion 11:30-12	Daily Sparkle 10:30-11:00 Armchair Exercises 11-11:30 True or False Quiz 11:30-12	Daily Sparkle 10:30-11 Armchair Exercises 11-11:30 Hang Man 11:30-12
Scrabble 2-4 Card Bingo 4-5	Colouring 2-4 Card Games 4-5	Alphabet Association 2-3 Word Scrambler 3-4 Hand Massages 4-4:30	SPA AFTERNOON Hairdresser 2- 5 Hand Massages&Manicure 2-5	Word Scrambler 2-4 Balloon Tennis 4-5 Movie Evening	Word Association 2-3 Scented Quiz 3-4 Jigsaw Puzzles 4-5	Karaoke 2-4 Balloon Tennis 4-5 Movie Evening
22	23	24	25	26	27	28
Daily Sparkle 10-11 I spy 11:11:30 1:1 lounge and rooms 11:30-12	Daily Sparkle 10:30-11 Armchair exercises 11-11:30 Quiz 11:30-12	Daily Sparkle 10:30-11 Armchair exercises 11-11:30 Colouring 11:30-12	Daily Sparkle 10:30-11 Armchair exercises 11-11:30 True or False Quiz 11-12	Daily Sparkle 10:30-11 Armchair exercises 11-11:30 Guess the sound 11:30-12	Daily Sparkle 10:30-11:00 Armchair Exercises 11:00-11:30 True or False Quiz 11-12	Daily Sparkle 10:30-11:00 Armchair Exercises 11-11:30 True or False Quiz 11:30-12
Board Games 2-4	Alphabet Association 2:30-3 Music Bingo 3-4:30	Finish the Expression 2-3 Finger Painting 3-5	Around the World 2-3 What am I? 3-4 Scrabble 4-5	Nature Documentary 2-3 Around the World 3-4 Famous Faces 4-5	Karaoke 2-4 Arts and Crafts 4-5	Word Association 2-3 Scented Quiz 3-4 Jigsaw Puzzles 4-5
29	30	31				
Staff focus - organise 10-11 Daily Sparkle 11-11:30 Armchair exercises 11:30-12 Scrabble 2-4 Card Bingo 4-5	Daily Sparkle 10:30-11 Armchair exercises 11-11:30 I Spy 11:30-12 Board Games 2-4 Famous Faces 4-5	Daily Sparkle 10-10:30 Armchair exercises 10:30-11 I Spy 11-12 Halloween Party	WORLD — ANIMALS DAY October th		SPA DAY	