

ACTIVITIES PLANNER - SEPTEMBER 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					Daily Sparkle 10:30-11 Armchair Exercises 11-11:30 Writing a Letter Day Holy Communion 2-3 Writing a Letter Day	Daily Sparkle 10:30-11:00 Armchair Exercises 11:00-11:30 Finish the Expression 11:30-12 Musical Bingo 2-3 Word Association 3-4
3	4	5	6	7	8	9
Daily Sparkle 10:30-11:00 Armchair Exercises 11:00-11:30 Music Therapy 11:30-12 True or False Quiz 2-3 Quiz 3-4 Famous Faces 4-5	Daily Sparkle 10:30-11:00 Armchair Exercises 11-11:30 True or False Quiz 11:30-12 Word Association 2-3 1:1 in the lounge and rooms Jigsaw Puzzles 4-5	Daily Sparkle 10:30-11:00 Armchair Exercises 11:00-11:30 Card Bingo 11-12 Documentaries 2-5	Daily Sparkle 10:30-11:00 Read a Book Day 11:30-12:00 Armchair Exercises 11:30-12:00 SPA AFTERNOON Hairdresser 2-5 Hand Massages&Manicure 2-5	Daily Sparkle 10:30-11:00 Armchair Exercises 11:00-11:30 Guess the Sound 11:30-12 Board Games 2-3 Painting 3-5	Daily Sparkle 10:30-11:00 Armchair Exercises 11:00-11:30 True or False Quiz 11-12 Karaoke 2-4 Arts and Crafts 4-5	Daily Sparkle 10:30-11:00 Armchair Exercises 11:00-11:30 1:1 lounge and rooms 11:30-12 Around the World 2-3 What am I? 3-4 Movie Evening
10	11	12	13	14	15	16
Daily Sparkle 10:30-11:00 Armchair Exercises 11:00-11:30 Jigsaws 11-12 Scrabble 2-4 Card Bingo 4-5	Daily Sparkle 10-10:30 Armchair exercises 10:30-11 I Spy 11-12 Colouring 2-4 Card Games 4-5	Daily Sparkle 10:30-11 Armchair exercises 11-11:30 Hand Massages 11:30-12 Garden Centre Trip 3-5 OR Devil's Punch Bowl Café 3-5	Daily Sparkle 10:30-11 1:1 Lounge and Rooms Armchair Exercises 11:30-12:00 Alphabet Association 2-3 Word Scrambler 3-4 Hand Massages 4-4:30	Daily Sparkle 10:30-11 Armchair exercises 11-11:30 General discussion 11:30-12 Word Scrambler 2-4 Balloon Tennis 4-5 Movie Evening	Daily Sparkle 10:30-11:00 Armchair Exercises 11-11:30 True or False Quiz 11:30-12 Word Association 2-3 Scented Quiz 3-4 Jigsaw Puzzles 4-5	Daily Sparkle 10:30-11 Armchair Exercises 11-11:30 Hang Man 11:30-12 Karaoke 2-4 Balloon Tennis 4-5 Movie Evening
17	18	19	20	21	22	23
Daily Sparkle 10-11 I spy 11:11:30 1:1 lounge and rooms 11:30-12 Board Games 2-4 Country Music Day 4-5	Daily Sparkle 10:30-11 Armchair exercises 11-11:30 Quiz 11:30-12 Alphabet Association 2:30-3 Music Bingo 3-4:30	Daily Sparkle 10:30-11 Armchair exercises 11-11:30 Colouring 11:30-12 Finish the Expression 2-3 Finger Painting 3-5	Daily Sparkle 10:30-11 Guess the Sound 11-11:30 Armchair Exercises 11:30-12:00 SPA AFTERNOON Hairdresser 2-5 Hand Massages&Manicure 2-5	Daily Sparkle 10:30-11 Armchair exercises 11-11:30 Guess the sound 11:30-12 Nature Documentary 2-3 Around the World 3-4 Famous Faces 4-5	Daily Sparkle 10:30-11 Armchair exercises 11-11:30 I Spy 11:30-12 Kevin – The Music Man 2-3 Arts and Crafts 3-5	Daily Sparkle 10:30-11:00 Armchair Exercises 11-11:30 True or False Quiz 11:30-12 Word Association 2-3 Scented Quiz 3-4 Jigsaw Puzzles 4-5
24	25	26	27	28	29	30
Staff focus - organise 10-11 Daily Sparkle 11-11:30 Armchair exercises 11:30-12 Scrabble 2-4 Card Bingo 4-5	Daily Sparkle 10:30-11 Armchair exercises 11-11:30 I Spy 11:30-12 Board Games 2-4 Famous Faces 4-5	Daily Sparkle 10:30-11 Armchair exercises 11-11:30 National Pancake Day Sensory 2-3 Quiz 3-4 Word Scrambler 4-5	Daily Sparkle 10:30-11 Colouring 11-11:30 Armchair Exercises 11:30-12:00 Word association 2-3 Tin Knock Down 3-4 Finish The Expression 4-5	Daily Sparkle 10:30-11 Armchair exercises 11-11:30 True or False Quiz 11-12 Around the World 2-3 What am I? 3-4 Scrabble 4-5	Daily Sparkle 10:30-11 MACMILLAN COFFEE MORNING 11-12 Scrabble 2-4 Celebrity Bingo 4-5	Daily Sparkle 10:30-11:00 Armchair Exercises 11:00-11:30 Guess the Sound 11:30-12 Board Games 2-3 Painting 3-5