

Robertson Nursing Home Activity planner (subject to change) November 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1	2	3	4	5
		Team quiz One to one David Mac@230pm	Shared Life stories Musical Exercises	Younger year chats Singalong	Games morning Seniorcise	Round the room Chat
6	7	8	9	10	11	12
What the paper says Round the room book reading Musical exercises	Soap quiz One to one visit Hairdresser	Came fly with me @11am Holy communion pm	Pony pals 11am Film afternoon pm	Missing objects Catch 22 @2pm	Remembrance Day offer TV viewing in all rooms	Art and craft for Christm as

13	14	15	16	17	18	19
Volleyball game One to one chat Dimitri @2pm	Art and craft for Christmas Alexa quiz Hairdresser	Book reading group and round the rooms Chris Snelling @2pm	Round the room life stories Film afternoon	Poetry @11am Daily sparkle quiz Fun games	Talk about interests and hobbies Getting to know residents Seniorcise	Room visits with games
20	21	22	23	24	25	26
Name that tune Musical exercises	Christmas past and present group chat Hairdresser	Christmas stories communal areas and round the rooms	Connect Eye Opticians	Animal noises with Alexa Stephen Morrish @2pm	Getting ready for Christmas Seniorcise @2pm	Christmas quiz
27	28	29	30			
Paper plans making Competition Catch 22 pm	Bingo Hairdresser	Music time Christmas singalong and prayer with Alexa	Chair football Christmas film afternoon Round the rooms			