

**Robertson Nursing Home Activity planner (subject to change)****OCTOBER  
2023**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>
						<b>1</b>
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
<b>MUSICAL EXERCISES</b>	<b>HAND AND NAIL CARE HAIRDRESSER</b>	<b>DAVID MAC</b>	<b>CHRIS SNELLING</b>	<b>FILM AFTERNOON</b>	<b>SENIORCISE</b>	
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
<b>GAMES MORNING</b>	<b>GAMES MORNING HAIRDRESSER</b>	<b>HOLY COMMUNION</b>	<b>GAMES MORNING ONE TO ONE PM</b>	<b>POETRY 11AM CATCH 22</b>	<b>SENIORCISE</b>	

<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
<b>DIMITRI 2PM</b>	<b>QUIZ TIME HAIRDRESSER</b>	<b>ART AND CRAFT</b>	<b>ART AND CRAFT</b>	<b>MUSICAL EXERCISES</b>	<b>SENIORCISE</b>	
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
<b>BOOK READING</b>	<b>HAIRDRESSER</b>	<b>NEIL AND CHOIR</b>	<b>BOOK READING</b>	<b>STEPHEN MORRISH</b>	<b>SENIORCISE</b>	
<b>30</b>	<b>31</b>					
<b>COOKING</b>	<b>HALLOWEEN HAIRDRESSER</b>					