

ACTIVITIES PLANNER - DECEMBER 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2	3
				<p>Daily Sparkle 10:30-11 Armchair Exercises 11-11:30</p> <p>Advent Begins</p> <p>Word Scrambler 2-3 Balloon Tennis 3-4</p>	<p>Daily Sparkle 10:30-11:00 Armchair Exercises 11-11:30 Finish the Expression 11:30-12</p> <p>Musical Bingo 2-3 Word Association 3-4</p>	<p>Daily Sparkle 10:30-11:00 Armchair Exercises 11:00-11:30 Guess the Sound 11:30-12</p> <p>Board Games 2-3 Painting 3-5</p>
4	5	6	7	8	9	10
<p>Daily Sparkle 10:30-11:00 Armchair Exercises 11-11:30 True or False Quiz 11:30-12</p> <p>Word Association 2-3 1:1 in the lounge and rooms Jigsaw Puzzles 4-5</p>	<p>Daily Sparkle 10:30-11:00 Armchair Exercises 11:00-11:30 Card Bingo 11-12</p> <p>Documentaries 2-5</p>	<p>Daily Sparkle 10:30-11 Guess the Sound 11-11:30 Armchair Exercises 11:30-12:00</p> <p>SPA AFTERNOON Hairdresser 2-5 Hand Massage&Manicure 2-5</p>	<p>Daily Sparkle 10:30-11:00 Armchair Exercises 11:00-11:30 Guess the Sound 11:30-12</p> <p>Board Games 2-3 CHRISTMAS JUMPER DAY</p>	<p>Daily Sparkle 10:30-11:00 Armchair Exercises 11-11:30 True or False Quiz 11:30-12</p> <p>Word Association 2-3 Scented Quiz 3-4 Jigsaw Puzzles 4-5</p>	<p>Daily Sparkle 10:30-11:00 Armchair Exercises 11:00-11:30 1:1 lounge and rooms 11:30-12</p> <p>Guess the famous voices 3-4 Movie Evening</p>	<p>Daily Sparkle 10:30-11:00 Armchair Exercises 11:00-11:30 Music Therapy 11:30-12</p> <p>Match the words 2-3 Quiz 3-4</p>
11	12	13	14	15	16	17
<p>Daily Sparkle 10-10:30 Armchair exercises 10:30-11 I Spy 11-12</p> <p>Colouring 2-4 Card Games 4-5</p>	<p>Daily Sparkle 10:30-11 1:1 Lounge and Rooms Armchair Exercises 11:30-12</p> <p>Alphabet Association 2-3 Word Scrambler 3-4 Hand Massages 4-4:30</p>	<p>Daily Sparkle 10:30-11 Armchair exercises 11-11:30 Guess the song 11:30-12</p> <p>Match the words 2-3 Quiz 3-4</p>	<p>Daily Sparkle 10:30-11 Armchair exercises 11-11:30 General discussion 11:30-12</p> <p>Word Scrambler 2-4 Balloon Tennis 4-5 Movie Evening</p>	<p>Daily Sparkle 10:30-11 Armchair Exercises 11-11:30</p> <p>Holy Communion 2-3 Word Scrambler 3-4 Balloon Tennis 4-4:30</p>	<p>Daily Sparkle 10:30-11 Armchair Exercises 11-11:30 Hang Man 11:30-12</p> <p>JANE AUSTEN DAY Movie Evening</p>	<p>Daily Sparkle 10:30-11:00 Armchair Exercises 11:00-11:30 True or False Quiz 11-12</p> <p>Karaoke 2-4 Arts and Crafts 4-5</p>
18	19	20	21	22	23	24
<p>Daily Sparkle 10:30-11 Armchair exercises 11-11:30 I Spy 11:30-12</p> <p>CHRISTMAS CAROL 2:30</p>	<p>Daily Sparkle 10:30-11 Armchair exercises 11-11:30 Colouring 11:30-12</p> <p>Finish the Expression 2-3 PANTOMIME - Dick Whittington 4:15</p>	<p>Daily Sparkle 10:30-11:00 Armchair Exercises 11-12 Word Scrambler 11:30-12</p> <p>SPA AFTERNOON Hairdresser 2-5 Hand Massage&Manicure 2-5</p>	<p>Daily Sparkle 10:30-11 Armchair exercises 11-11:30 Guess the sound 11:30-12</p> <p>Famous Faces 2-3 Around the World 3-4 Documentary</p>	<p>Daily Sparkle 10:30-11 Armchair exercises 11-11:30 I Spy 11:30-12</p> <p>Kevin – The Music Man 2-3 Arts and Crafts 3-5</p>	<p>Daily Sparkle 10:30-11:00 Armchair Exercises 11-11:30 True or False Quiz 11:30-12</p> <p>Word Association 2-3 Scented Quiz 3-4 Jigsaw Puzzles 4-5</p>	<p>Daily Sparkle 10:30-11 Colouring 11-11:30 Armchair Exercises 11:30-12</p> <p>Word association 2-3 Tin Knock Down 3-4 Finish The Expression 4-5</p>
25	26	27	28	29	30	31
<p>Daily Sparkle 10:30-11 Armchair exercises 11-11:30 Quiz 11:30-12</p> <p>CHRISTMAS DAY</p>	<p>Daily Sparkle 10-10:30 Armchair exercises 10:30-11 I Spy 11-12</p> <p>BOXING DAY</p>	<p>Daily Sparkle 10:30-11:00 Armchair Exercises 11:00-11:30 Organise for next month 11:30-12</p> <p>Guess the famous voices 2-3 Match the words 3-4</p>	<p>Daily Sparkle 10:30-11:00 Armchair Exercises 11:00-11:30 Guess the Sound 11:30-12</p> <p>Board Games 2-3 Painting 3-5</p>	<p>Daily Sparkle 10:30-11:00 Armchair Exercises 11:00-11:30 1:1 lounge and rooms 11:30-12</p> <p>1:1 in the lounge and rooms Movie Evening</p>	<p>Daily Sparkle 10-10:30 Armchair exercises 10:30-11 I Spy 11-12</p> <p>Colouring 2-4 Card Games 4-5</p>	<p>Staff focus - organise 10-11 Daily Sparkle 11-11:30 Armchair exercises 11:30-12</p> <p>NEW YEARS EVE</p>