

ACTIVITIES PLANNER - FEBRUARY 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2	3	4
			AM Daily Sparkle Armchair Exercises PM Arts & Crats Club	AM Daily Sparkle Armchair Exercises PM Holy Communion	AM Daily Sparkle Armchair Exercises PM Word Challenge Day	AM 10 AM Church Service Daily Sparkle Armchair Exercises PM Quiz and Guessing Games
5	6	7	8	9	10	11
AM Daily Sparkle Armchair Exercises PM Cooking Club	AM Daily Sparkle Armchair exercises PM PONY PALS	AM Daily Sparkle Armchair Exercises PM Hairdresser	AM Daily Sparkle Armchair Exercises PM Arts & Crats Club	AM Daily Sparkle Armchair Exercises PM Bingo	AM Daily Sparkle Armchair Exercises PM Chines New Year	AM 10 AM Church Service Daily Sparkle Armchair Exercises PM Quiz and Guessing Games
12	13	14	15	16	17	18
AM Daily Sparkle Armchair Exercises PM Flower Arranging	AM Daily Sparkle Armchair exercises PM Pet Therapy Shrove Tuesday	AM Daily Sparkle Armchair Exercises PM TEA PARTY VALENTINES DAY	AM Daily Sparkle Armchair Exercises PM Arts & Crats Club	AM Daily Sparkle Armchair Exercises PM Music with Kevin	AM Daily Sparkle Armchair Exercises PM Word Challenge Day	AM 10 AM Church Service Daily Sparkle Armchair Exercises PM Quiz and Guessing Games
19	20	21	22	23	24	25
AM Daily Sparkle Armchair Exercises PM Cooking Club	AM Daily Sparkle Armchair exercises PM Pet Therapy	AM Daily Sparkle Armchair Exercises PM Hairdresser	AM Daily Sparkle Armchair Exercises PM Arts & Crats Club	AM Daily Sparkle Armchair Exercises PM Bingo	AM Daily Sparkle Armchair Exercises PM Word Challenge Day	AM 10 AM Church Service Daily Sparkle Armchair Exercises PM Quiz and Guessing Games
26	27	28	29			
AM Daily Sparkle Armchair Exercises PM Flower Arranging	AM Daily Sparkle Armchair exercises PM Pet Therapy	AM Daily Sparkle Armchair Exercises PM Aromatherapy	AM Daily Sparkle Armchair Exercises PM Arts & Crats Club			