

Robertson Nursing Home Activity planner (subject to change)

**FEBRUARY
2024**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2	3	4
			Group chats Ballon games	Poetry 11am Quiz	Games morning Seniorcise	Quiz Reading Music afternoon
5	6	7	8	9	10	11
Spoodle visit Games afternoon	Music exercises Hairdresser	One to one visits Holy communion	Morning Quiz Film Afternoon	Board Games Coffee Afternoon	Book Reading Hand and Nail Care Seniorcise	Coffee Morning Quiz
12	13	14	15	16	17	18
Walks in the Garden Dimitri@2pm	Sensory Games Hairdresser	Art and Craft Party Time	One to one Chat Bingo	Daily Sparkle Quiz Time David Mac@2pm	Games Morning Seniorcise	Daily Sparkle Group Chat Cocktail afternoon Film

19	20	21	22	23	24	25
Large Snake and Ladders Garden walks	Quiz Hairdresser	Guess the item! Catch 22@2pm	Music exercises Group Chats	Art and Craft Stephen Morrish@2pm	Quiz Board Games Seniorcise	Book Reading Songs of Praise
26	27	28	29			
Nail and Hand Care	Bingo Hairdresser	Group Chats Neil and Choir@2pm	Spoodle Visit Movie afternoon			