

ACTIVITIES PLANNER - MAY 2024

| ACTIVITIES PLANNER - MAY 2024 | | | | | | |
|--|---|---|--|--|---|---|
| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| | | 1 | 2 | 3 | 4 | 5 |
|  |  | <u>AM</u> Daily Sparkle Armchair exercises PM Hairdressing | <u>AM</u> Daily Sparkle Armchair exercises PM Arts & Crafts | <u>AM</u> Daily Sparkle Armchair exercises PM Bingo | <u>AM</u> Daily Sparkle Armchair exercises PM Word Challenge Day | 10 AM Church Service Daily Sparkle Armchair exercises PM Quiz Hand Hygiene Day |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| <u>AM</u> Daily Sparkle Armchair exercises PM Floor Games Bank Holiday | <u>AM</u> Daily Sparkle Armchair exercises PM Pony Pals | <u>AM</u> Daily Sparkle Yoga PM Outing TBC | <u>AM</u> Daily Sparkle Yoga PM Arts & Crafts | <u>AM</u> Daily Sparkle Armchair exercises PM Music with Kevin | <u>AM</u> Daily Sparkle Armchair exercises PM Word Challenge Day Eurovision Sweden | 10 AM Church Service Daily Sparkle Armchair exercises PM Quiz Nurses Day |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| <u>AM</u> Daily Sparkle Armchair exercises PM Talk: Resident Author | <u>AM</u> Daily Sparkle Armchair exercises PM Flower Arranging | <u>AM</u> Daily Sparkle Armchair exercises PM Hairdressing | <u>AM</u> Daily Sparkle Yoga PM Dusty Tracks | <u>AM</u> Daily Sparkle Yoga PM Bingo | <u>AM</u> Daily Sparkle Armchair exercises PM Word Challenge Day | 10 AM Church service Daily Sparkle Armchair exercises PM Quiz |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| <u>AM</u> Daily Sparkle Armchair exercises PM Outing TBC | <u>AM</u> Daily Sparkle Armchair exercises PM Flower Arranging Chelsea Flower Show | <u>AM</u> Daily Sparkle Yoga PM Aromatherapy Chelsea Flower Show | <u>AM</u> Daily Sparkle Armchair exercises PM Arts & Crafts Chelsea Flower Show | <u>AM</u> Daily Sparkle Armchair exercises 2:30 PM Tea party with Bingo Chelsea Flower Show | <u>AM</u> Daily Sparkle Armchair exercises PM Word Challenge Day FA Cup Final | 10 AM Church service Daily Sparkle Armchair exercises PM Quiz |
| 27 | 28 | 29 | 30 | 31 | | |
| <u>AM</u> Daily Sparkle Armchair exercises PM Floor Games Spring Bank Holiday | <u>AM</u> Daily Sparkle Armchair exercises PM Flower Arranging | <u>AM</u> Daily Sparkle Armchair exercises PM Hairdressing | <u>AM</u> Daily Sparkle Armchair exercises PM Arts & Crafts | <u>AM</u> Daily Sparkle Yoga PM Talk: Resident Poet |  |  |