




ACTIVITIES PLANNER - August 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
 5 AM Daily Sparkle Armchair Exercises PM Garden games	 6 AM Daily Sparkle Armchair Exercises PM Pony Pals	 7 AM Daily Sparkle Armchair Exercises PM Hairdressing	1 AM Daily Sparkle Armchair Exercises PM Arts & Crafts	2 AM Daily Sparkle Armchair Exercises PM Holy Communion	3 RESIDENT SUMMER PARTY	4 10 AM Church Service Daily Sparkle PM Quiz
12 AM Daily Sparkle Armchair Exercises PM Garden Games	13 AM Daily Sparkle Armchair Exercises PM Flower Arranging	14 AM Daily Sparkle Armchair Exercises PM Garden Centre Outing TBC	15 AM Daily Sparkle Armchair Exercises PM Pamper Day National Relaxation Day	16 AM Daily Sparkle Armchair Exercises PM Music with Kevin Tell a Joke Day	17 AM Daily Sparkle Armchair Exercises PM Word Challenge Day	18 10 AM Church Service Daily Sparkle PM Garden Afternoon Tea
19 AM Daily Sparkle Archair Exercises PM Garden Games Humanitarian Day	20 AM Daily Sparkle Armchair exercises PM Flower Arranging	21 AM Daily Sparkle Armchair Exercises PM Hairdressing	22 AM Daily Sparkle Armchair Exercises PM Arts & Crafts	23 AM Daily Sparkle Armchair Exercises PM Sing along	24 AM Daily Sparkle Armchair Exercises PM Word Challenge Day	25 10 AM Church Service Daily Sparkle PM Quiz
26 AM Daily Sparkle Armchair Exercises PM Therapy Dog National Dog day	27 AM Daily Sparkle Armchair Exercises PM Gardening	28 AM Daily Sparkle Armchair Exercises PM Garden Centre Outing TBC	29 AM Daily Sparkle Armchair Exercises PM Arts & Crafts	30 AM Daily Sparkle Armchair Exercises PM Seaside Entertainers TBC National Beach Day	31 AM Daily Sparkle Armchair Exercises PM Word Challenge Day	