

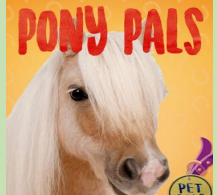

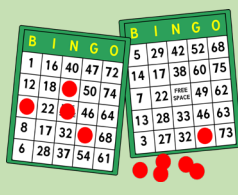


ACTIVITIES PLANNER - SEPTEMBER 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
30						1
<u>AM</u> Daily Sparkle Armchair Exercises PM <i>Skittles Competition</i>						10 AM Church Service Daily Sparkle PM Quiz
2	3	4	5	6	7	8
<u>AM</u> Daily Sparkle Armchair Exercises PM <i>Giant Snakes and Ladders</i>	<u>AM</u> Daily Sparkle Armchair Exercises PM <i>Flower Arranging Club Book Club</i>	<u>AM</u> Daily Sparkle Armchair Exercises PM <i>Armchair Travel Hairdressing</i>	<u>AM</u> Daily Sparkle Armchair Exercises PM <i>Arts & Crafts White Board Games</i>	SEASIDE TRIP TO SOUTHSEA	<u>AM</u> Daily Sparkle Armchair Exercises PM <i>Word Challenge Day</i>	10 AM Church Service Daily Sparkle PM Quiz
9	10	11	12	13	14	15
<u>AM</u> Daily Sparkle Armchair Exercises PM <i>Darts Competition</i>	<u>AM</u> Daily Sparkle Armchair Exercises PM PONY PALS	<u>AM</u> Daily Sparkle Armchair Exercises PM <i>Armchair Tavel Pamper day</i>	<u>AM</u> Daily Sparkle Armchair Exercises PM <i>Arts & Crafts White Board Games</i>	<u>AM</u> Daily Sparkle Armchair Exercises PM <i>Bingo</i>	<u>AM</u> Daily Sparkle Armchair Exercises PM <i>Word Challenge Day</i>	10 AM Church Service Daily Sparkle PM Quiz
16	17	18	19	20	21	22
<u>AM</u> Daily Sparkle Armchair Exercises PM Move it or Lose it	<u>AM</u> Daily Sparkle Armchair Exercises PM <i>Flower Arranging Club Book Club</i>	<u>AM</u> Daily Sparkle Armchair Exercises PM <i>Armchair Travel Hairdressing</i>	<u>AM</u> Daily Sparkle Armchair Exercises PM <i>Arts & Crafts White Board Games</i>	<u>AM</u> Daily Sparkle Armchair Exercises PM Music with Kevin	<u>AM</u> Daily Sparkle Armchair Exercises PM World Alzheimer's Day Afternoon Tea	10 AM Church Service Daily Sparkle PM Quiz
23	24	25	26	27	28	29
<u>AM</u> Daily Sparkle Armchair Exercises PM <i>Skittles Competition</i>	<u>AM</u> Daily Sparkle Armchair Exercises PM Day of Arts in Care Homes	<u>AM</u> Daily Sparkle Armchair Exercises PM Private Garden Outing	<u>AM</u> Daily Sparkle Armchair Exercises PM Wings of Freedom	11:00 MACMILLAN MORNING TEA	<u>AM</u> Daily Sparkle Armchair Exercises PM <i>Word Challenge Day</i>	10 AM Church Service Daily Sparkle PM Quiz