

ACTIVITIES PLANNER - NOVEMBER 2024

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2	3
				<u>AM</u> Daily Sparkle Armchair Exercises PM 13:30 Holy Communion	<u>AM</u> Daily Sparkle Armchair Exercises PM Word Challenge Day	10 AM Church Service Daily Sparkle PM Songs of Praise Quiz
4	5	6	7	8	9	10
<u>AM</u> Daily Sparkle Armchair Exercises PM Floor games Famous Faces	<u>AM</u> Daily Sparkle Armchair Exercises PM Flower Arranging 17:45 Firework	<u>AM</u> Daily Sparkle Armchair Exercises PM Manicure and Hand Massage	<u>AM</u> Daily Sparkle Armchair Exercises PM Arts & Crafts Poppy Making	<u>AM</u> Daily Sparkle Armchair Exercises PM Remembrance Decor Prep and Crafts	<u>AM</u> Daily Sparkle Armchair Exercises PM Word Challenge Day	10 AM Church Service Daily Sparkle PM Quiz Remembrance Sunday
11	12	13	14	15	16	17
<u>AM</u> Daily Sparkle Armchair Exercises 11:00 2 mins Silence PM TV Viewing - Armistice Day	<u>AM</u> Daily Sparkle Armchair Exercises PM Flower Arranging White Board Games	<u>AM</u> Daily Sparkle Armchair Exercises PM Hairdressing Namaste Care	<u>AM</u> Daily Sparkle Armchair Exercises PM 14:00 Trip to Garden Centre	<u>AM</u> Daily Sparkle Armchair Exercises PM Afternoon Tea Party with Bingo	<u>AM</u> Daily Sparkle Armchair Exercises PM 13:45 Music with Kevin	10 AM Church Service Daily Sparkle PM Songs of Praise Quiz
18	19	20	21	22	23	24
<u>AM</u> Daily Sparkle Armchair exercises PM 14:00 Browells Pet Therapy	<u>AM</u> Daily Sparkle Armchair Exercises PM 14:00 Music for Health	<u>AM</u> Daily Sparkle Armchair Exercises PM Manicure and Hand Massage	<u>AM</u> Daily Sparkle Armchair Exercises PM Arts & Crafts Christmas Cards	<u>AM</u> Daily Sparkle Armchair Exercises PM 14:00 Trip to Garden Centre	<u>AM</u> Daily Sparkle Armchair Exercises PM Word Challenge Day	10 AM Church Service Daily Sparkle PM Songs of Praise Quiz
25	26	27	28	29	30	
<u>AM</u> Daily Sparkle Armchair Exercises PM Floor games Famous Faces	<u>AM</u> Daily Sparkle Armchair Exercises PM Flower Arranging White Board Games	<u>AM</u> Daily Sparkle Armchair Exercises PM Hairdressing Namaste Care	<u>AM</u> Daily Sparkle Armchair Exercises PM 14:30 Afternoon Tea Party with Bingo	<u>AM</u> Daily Sparkle Armchair Exercises PM Christmas Decor Prep & Xmas Crafts	<u>AM</u> Daily Sparkle Armchair Exercises PM Word Challenge Day	