Feb-2025	ASHTON MANOR ACTIVITIES PLANNER						
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
							1
AM							Daily Sparkle
							Arts & Crafts (Jar painting)
PM							Sing Along w/ Z
							Dignity Action Day
	2	3	4	5	6	7	8
AM	Church Service	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle
	Daily Sparkle	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises
PM	Balloon Bounce	14:00 Outing	Balloon Bounce	Quiz	Skittles	13:30 Holy Communion	Sing Along w/ Z
	Hand Massage	Documentary	Flower Arranging	Manicures	Book Club	Word Games	Arts & Crafts (butterflies)
	9	10	11	12	13	14	15
AM	Church Service	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle
	Daily Sparkle	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises
PM	Balloon Bounce	Quiz	Balloon Bounce	13:30 Hairdressing	Balloon Bounce	14:30 Cheese and Wine	Word Games
	Hand Massage	Container Painting	Flower Arranging	Namaste Care	Arts & Crafts (Hearts)	Guess the Resident	Ping Pong
						Valentines Day	
	16	17	18	19	20	21	22
AM	Church Service	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle
	Daily Sparkle	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises
PM	Balloon Bounce	Word Games	Balloon Bounce	14:00 Outing	Balloon Bounce	13:45 Music with Kevin	Arts & Crafts (butterflies)
	Hand Massage	Planting Seeds	Flower Arranging	Documentary	Quiz	Bingo	True and False
	23	24	25	26	27	28	
AM	Church Service	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	
	Daily Sparkle	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises	
PM	Balloon Bounce	Word Games	Balloon Bounce	13:30 Hairdressing	14:00 Pet Therapy	Bingo	
	Hand Massage	Sing Along	Flower Arranging	Namaste Care	Balloon Bounce	Quiz	