





Mar-25

ASHTON MANOR ACTIVITIES PLANNER

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
							1
AM							Daily Sparkle
PM							Armchair Exercises
	2	3	4	5	6	7	8
AM	Church Service	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle
	Daily Sparkle	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises
PM	Quiz	Art (Butterfly Effect Project)	Flower Arranging	14:00 Outing	Book Club	13:30 Holy Communion	Word Games
	Hand Massage		Pancakes	Musical	Snakes & Ladders	Bingo	Crafts (Daffodils)
	Marie Curie Month		Shrove Tuesday	Ash Wednesday	World Book Day		Int. Womens Day
	9	10	11	12	13	14	15
AM	Church Service	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle
	Daily Sparkle	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises
PM	Sing Along w/ Z	Art (Butterfly Effect Project)	Flower Arranging	13:30 Hairdressing	Book Club	Arts and Crafts (Holi & St. Patrick's Day)	Skittles
	Balloon Bounce		Fruit & Fizz Drinks Trolley	Namaste Care	Word Games		Hand Massage
	16	17	18	19	20	21	22
AM	Church Service	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle
	Daily Sparkle	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises
PM	Word Games	Sweet Treats & Games	Flower Arranging	14:00 Outing	Book Club	13:45 Music with Kevin	Sing Along w/ Z
	Balloon Bounce		Manicures	Musical	Bingo	Quiz	Hand Massage
	23	24	25	26	27	28	29
AM	Church Service	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle	Daily Sparkle
	Daily Sparkle	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises	Armchair Exercises
PM	Word Games	Art (Butterfly Effect Project)	Flower Arranging	13:30 Hairdressing	Book Club	Word Challenge	Growing Herbs
	Flower Pot Painting		Quiz	Namaste Care	Balloon Bounce	Crafts (Spring)	Ice Cream Trolley
	30	31					
AM	Church Service	Daily Sparkle					
	Daily Sparkle	Armchair Exercises					
PM	14:30 Afternoon Tea w/Quiz	Butterfly Effect Talk and Display					
	Mothering Sunday						